

MULTI-ADJUSTABLE BENCH

LifeFitness

DESCRIPTION

Experience precision adjustments and unrivaled comfort and style with the Life Fitness Multi-Adjustable Bench. Whether you're aiming for a flat, incline or decline position, our bench design allows for users to determine the perfect seat and back pad position for their exercise, while being exceptionally lightweight and easy to reposition.

SPECIFICATIONS

Model: LBR-MA

Max User Weight: 300 lbs (136 kg)

Max Training Weight: 500 lbs (227 kg)

Back Adjustments: -10°, 0°, 15°, 30°, 45°, 60°, 70°

Seat Adjustments: 0°, 15°, 30°

Weight: 110 lbs (50 kg)

Size: 58" x 29" x 17" (147 x 73 x 43 cm)



MULTIPLE ADJUSTMENTS

Both the seat pad and the back pad adjust independently catering to user preference and enhancing the functionality during exercise.



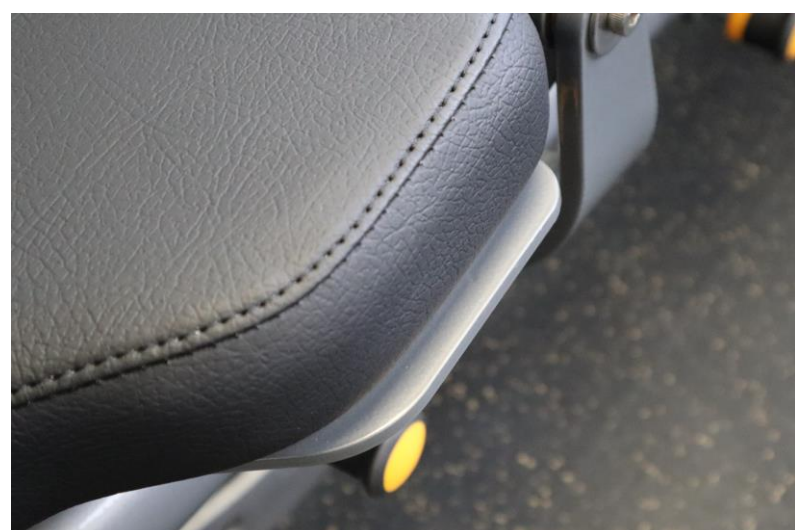
INTUITIVE ADJUSTMENTS

Ergonomic, easy to see adjustments have a premium appearance and use a tactile rubber outer layer for optimizing grip and feel during adjustments.



MINIMAL GAP

The minimized gap between the back pad and seat pad helps to deliver exceptional comfort in the flat, incline and decline position.



PAD PROTECTION

Oversized seat plates help protect your pads from dumbbells or other accessory damage during curls and enhance the life of your seat pad.



MULTI-FUNCTIONAL HANDLE

Acts as a handle to transport the bench, a foot support during decline exercises and a toe hold during abdominal exercises.



VISUAL ANGLES

Laser etched directly into the indexing plate, you can now easily view the angle of adjustment to maximize your precision and minimize your guess work.