



FOR STUDIO, CLUB, AND MEDICAL USE





THE M3i'S NEW STUDIO DISPLAY IS THE ULTIMATE DISPLAY — NO MATTER WHERE YOU RIDE.



RIDE BY COLOR™

Enter your FTP and HRmax for color-coded FTP and heart rate zones to make monitoring intensity levels easy, engaging, and instantaneous.



72 GEARS

More gears make it easy to fine-tune resistance to find the right intensity.



LATEST WIRELESS FITNESS TECHNOLOGY

Supports ANT+™ and Bluetooth® CSCS, CPS, and FTMS standards. Ensure compatibility with new apps and devices for years to come.



NO CORD, NO BATTERIES

Pedal-powered generator in the hub of the M3i charges a super capacitor that provides a lifetime of power.

TRACK INTENSITY FOUR WAYS



SWITCH BETWEEN MODES FOR A FOUR-DIMENSIONAL RIDE EXPERIENCE.









5, 6, OR 7 FTP ZONES

Enter your FTP for Ride by Color™ FTP zone display. Available in a five-, six-, or seven-zone option.

HEART RATE

Track the intensity of your ride across five color-coded heart-rate zones when you enter your HRMax and pair the display with a heart rate monitor.

METS

Now cardiac patients — or anyone else
— can use METs to track exercise
intensity on an indoor bike.

SPEED

You can always access speed mode to track exercise intensity by speed (MPH or KM/H).



ALL THE INFORMATION YOU NEED IN A SINGLE SCREEN



INCLUDES ALL THE STANDARD DATA YOU EXPECT ...

• RPM

- Duration
- Power (Watts)
- Kilocalories
- Gear (1–72)
- Distance

TRACK ONLY THE PERFORMANCE YOU WANT WITH QUICK RESET

The display's quick reset feature makes it easy to reset ride data — such as after warm up. With quick reset, your performance metrics reflect only the exercise you want to track.

THE NEW STUDIO DISPLAY

OPTIMIZED FOR HOME, STUDIO, OR MEDICAL USE.





Private (home, office, etc.)

Remembers your previous data: Automatically remembers your FTP, HRmax, or weight data so you don't have to re-enter your data to start a new ride.

Public (gym, rehab clinic, etc.)

Resets data after each ride: Automatically resets all user-provided data after each ride to prevent user errors and help keep personal information private.

THE NEW STUDIO DISPLAY FIND THE IDEAL RESISTANCE



GEARS INCREASED FROM 24 TO 72



FINE-TUNE RESISTANCE WITH MORE GEARS TO FIND THE RIGHT INTENSITY.

Hit your power target

More gears make it easier to achieve your target power (watts) at any cadence.

Better for more users

Smaller jumps in resistance from finer gear increments help all levels of riders get a better workout.

THE NEW STUDIO DISPLAY **CONNECTIVITY MADE EASY**



THE LATEST WIRELESS FITNESS TECHNOLOGY TO ENSURE CONNECTIVITY NOW AND IN THE FUTURE.



CYCLING AND FITNESS APPS

The Studio Display can share data with the latest cycling and fitness apps.



LIVE HEART-RATE DATA

The Studio Display can display live heart-rate data continuously throughout the ride from heart rate straps, smart bands, and smart watches.



PROJECTION SYSTEMS

The Studio Display works with all major group fitness projection systems.

INCLUDING THE FOLLOWING APPS AND PROJECTION SYSTEMS















































ON-SCREEN BIKE NUMBER



EASY TO IDENTIFY YOUR BIKE WITH ON-SCREEN BIKE NUMBER

QUICKLY FIND YOUR M3i IN A ROOM FULL OF BIKES WHEN ...

- Syncing apps and devices with your M3i.
- Finding your ride data on a class projection system.



THE NEW STUDIO DISPLAY







START AND STOP TIMED INTERVALS TO MANAGE WORK AND RECOVERY

Start and stop timed intervals to manage work and recovery — and get key performance data including ...

GET KEY PERFORMANCE DATA INCLUDING...

- Average power
- Average % of HRMax
- Average RPM
- Average METs
- Average METs
- Total duration
- Average heart rate
- Total Kilocalories
- Average gear
- Total distance
- Average % of FTP

THE NEW STUDIO DISPLAY

RIDE DATA SUMMARY



SET GOALS AND MONITOR RESULTS WITH RIDE DATA SUMMARY

Review your ride performance in detail after you end your ride with key metrics including ...

- Average power
- Average RPM
- Average heart rate
- Average gear
- Average % of FTP
- Average % of HRMax

- Total intervals completed
- Total duration
- Total Kilocalories
- Total distance

