

**LifeFitness**  
ASPIRE CARDIO

## UPRIGHT BIKE



### AN INVITING RIDE

A comfortable cardio option for exercisers of all abilities. The Aspire upright exercise bike has a streamlined design that efficiently pairs effective workouts with smart functionality.

FEATURED:  
Aspire Upright Bike with  
SL Console in Smooth  
Charcoal



### COMFORTABLE CARDIO

The adjustable Comfort Curve seat and racing handlebars that let exercisers choose the ideal riding position ensure a comfortable workout experience.



### INVITING DESIGN

A modern, streamlined look and two color options allow any fitness facility to enhance their aesthetic and appeal to a broad range of exercisers.



### TRUSTED RELIABILITY

Rooted in decades of proven durability. The generator drive system with poly-V belt resistance requires limited maintenance and also offers a smooth, quiet operation.

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# ASPIRE ELLIPTICAL

## CONSOLE OPTIONS

Choose from the immersive experiences provided by the Discover SE4 Console or the get-on-and-go functionality of the SL Console.

## DISCOVER SE4 CONSOLE



**Immersive.** A large, vivid screen captures the attention of exercisers and provides them with immersive workout experiences.

**More workout experiences.** SE4 provides seamless wearable connectivity, personalized app integrations, ample entertainment options, and access to more than 500 free Life Fitness™ On Demand experiences.

**Custom content.** SE4 gives fitness facilities the power to create custom-branded content.

## SL CONSOLE



**LED evolution.** Includes advancements in exerciser interaction like Apple Watch® compatibility and Bluetooth® connection.

**An LED with aesthetics.** A fresh, modern look that's appealing in any setting.

**Service is made easy.** Facilities can set preventive maintenance metrics and be alerted with an on-console service notification.



# ASPIRE UPRIGHT EXERCISE BIKE

BASE FEATURES	
Standard racing handlebars	•
Easy adjust pedal straps	•
Standard Wide Ride™ Pedals	•
Improved Comfort Curve™ seat	•
Height position adjustment (easy to reach lever while on or off the product)	•
Fine-tuned seat adjustment positions	42
Resistance levels	0-25
Maximum resistance (Watts)	900+
Removable locking cup holders	2
Integrated accessory tray	•
FRAME	
Generator Drive System	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Color options	Arctic Silver, Smooth Charcoal

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Length	41.5" (105 cm)
Width	24.5" (62 cm)
Height	54.5" (138 cm)
Unit weight	169 lbs (76.5 kg)
POWER REQUIREMENTS	
Self-powered (SL Console only)	•
Auto Start: Brings power to console when user begins pedaling	•
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV
Japan: 100V, 20A or 200V, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV
WARRANTY*	
Parts and Labor	3 Years
* Visit <a href="https://www.lifefitness.com/warranties">LifeFitness.com/warranties</a> for full warranty details.	
PRODUCT MODELS/SKUs	
Discover SE4 Console, 16"	ASPC-SE416
SL Console	ASPC-SL