

LifeFitness **TREADMILL**

ASPIRE CARDIO

ROOM TO RUN

A streamlined all-purpose treadmill that keeps exercisers of all levels coming back. Aspire builds on the Life Fitness heritage of advanced biomechanics and is crafted with the reliability that Life Fitness cardio equipment is known for.

FEATURED:
Aspire Treadmill with
SL Console in Smooth Charcoal.



EXERCISER COMFORT

The Flex Deck® Shock Absorption System reduces impact on the joints for both runners and walkers. Thoughtful touches like a large accessory tray and cross handrail add plenty of running room.



INVITING DESIGN

Combines modern design with intuitive functionality. A sleek look and two color options allow fitness facilities to enhance their aesthetic while providing cardio equipment that appeals to both workout novices and veteran exercisers.



OPERATIONAL EFFICIENCY

Advanced engineering improves operational efficiency by simplifying interior mechanics, which makes maintenance easier and provides lasting value.

LifeFitness

ASPIRE TREADMILL

CONSOLE OPTIONS

Choose from the immersive experiences provided by the Discover SE4 Console or the get-on-and-go functionality of the SL Console.

DISCOVER SE4 CONSOLE



Immersive. A large, vivid screen captures the attention of exercisers and provides them with immersive workout experiences.

More workout experiences. SE4 provides seamless wearable connectivity, personalized app integrations, ample entertainment options, and access to more than 500 free Life Fitness™ On Demand experiences.

Custom content. SE4 gives fitness facilities the power to create custom-branded content.

SL CONSOLE



LED evolution. Includes advancements in exerciser interaction like Apple Watch® compatibility and Bluetooth® connection.

An LED with aesthetics. A fresh, modern look that's appealing in any setting.

Service is made easy. Facilities can set preventive maintenance metrics and be alerted with an on-console service notification.

ASPIRE TREADMILL

BASE FEATURES	
DX3™ Belt and Deck System (belt tracking system)	•
FlexDeck® 2.0 Shock Absorption System (8 Lifespring shock absorbers)	•
Speed Range	0.5 - 12.3 mph (0.8 - 19.3 km/h)
Rollers: 3.5" (9 cm) precision crowned steel rollers, front and back	•
Incline	0-15%
Motor System: 4-HP AC Continuous Duty (8-HP Peak Duty) Motor. Motor efficiency rated IE2 at 2-HP	•
Side handrails	20" (51 cm)
Molded-in cup holders	2
Integrated accessory tray	3.6" (9 cm) deep
FRAME	
Plastic lower side rails and end caps	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Color options	Arctic Silver, Smooth Charcoal

TECHNICAL SPECIFICATIONS	
Running surface	22 x 60" (56 x 152 cm)
Step-up height	10" (25 cm)
Max user weight	400 lbs (181 kg)
Length	83.5" (212 cm)
Width	36" (92 cm)
Height	58" (147 cm)
Unit weight	375 lbs (170 kg)
POWER REQUIREMENTS	
All treadmills should be installed with a dedicated electrical circuit – line, neutral, ground (a single circuit breaker for each treadmill)	Consult the installation manual
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	•
Japan: 100V, 20A or 200v, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	•
WARRANTY*	
Parts and Labor	3 Years
* Visit LifeFitness.com/warranties for full warranty details.	
PRODUCT MODEL/SKUS	
Discover SE4 Console	ASPT-SE424 (24") and ASPT-SE416 (16")
SL Console	ASPT-SL

LifeFitness.com

©2022 Life Fitness, LLC. All Rights Reserved. Life Fitness and Flex Deck are registered trademarks of Life Fitness, LLC and its affiliated companies and subsidiaries. Apple Watch is a registered trademark of Apple Inc. Bluetooth is a registered trademark of Bluetooth SIG, Inc. PM-010-22 (10.22)

LifeFitness