

**LifeFitness**  
ASPIRE CARDIO

## RECUMBENT BIKE

### STREAMLINED COMFORT

Comfortable and inviting experiences for exercisers at any fitness level. Aspire® Cardio employs a sleek, modern design with a functionality that is rooted in more than 20 years of innovation and reliability.

FEATURED:  
Aspire® Recumbent  
Bike with SL Console in  
Smooth Charcoal.



### COMFORTABLE RIDE

A backrest, lumbar support and a wrap-around adjustment lever combine to help exercisers achieve maximum comfort.



### GET-ON-AND-GO ACCESSIBILITY

Step-through design and front assist handle allow for easy entry and exit. Wide, self-leveling pedals with simple buckle straps allow exercisers to get started quickly.



### GENERATOR DRIVE SYSTEM

Drive system with 8-ribbed poly-V belt resistance provides a smooth, quiet operation and requires limited maintenance.

**LifeFitness**

# ASPIRE ELLIPTICAL

## CONSOLE OPTIONS

Choose from the immersive experiences provided by the Discover SE4 Console or the get-on-and-go functionality of the SL Console.

## DISCOVER SE4 CONSOLE



**Immersive.** A large, vivid screen captures the attention of exercisers and provides them with immersive workout experiences.

**More workout experiences.** SE4 provides seamless wearable connectivity, personalized app integrations, ample entertainment options, and access to more than 500 free Life Fitness™ On Demand experiences.

**Custom content.** SE4 gives fitness facilities the power to create custom-branded content.

## SL CONSOLE



**LED evolution.** Includes advancements in exerciser interaction like Apple Watch® compatibility and Bluetooth® connection.

**An LED with aesthetics.** A fresh, modern look that's appealing in any setting.

**Service is made easy.** Facilities can set preventive maintenance metrics and be alerted with an on-console service notification.



# ASPIRE RECUMBENT BIKE

BASE FEATURES	
Step-through design	•
Easy-adjust pedal straps	•
Standard Wide Ride™ Pedals	•
Seat with lumbar support	•
Wrap-around seat adjustment lever	•
Fine-tuned seat adjustment positions	41
Resistance levels	0-25
Maximum resistance (Watts)	900+
Removable locking cup holders	1
Integrated accessory tray	•
FRAME	
Generator Drive System	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Color options	Arctic Silver, Smooth Charcoal

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Length	67" (170 cm)
Width	26" (66 cm)
Height	51.5" (131 cm)
Unit weight	298 lbs (135 kg)
POWER REQUIREMENTS	
Self-powered	•
Auto Start: Brings power to console when user begins pedaling	•
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV
Japan: 100V, 20A or 200V, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV
WARRANTY*	
Parts and Labor	3 Years
* Visit <a href="https://www.lifefitness.com/warranties">LifeFitness.com/warranties</a> for full warranty details.	
PRODUCT MODELS/SKUS	
Discover SE4 Console, 16"	ASPR-SE416
SL Console	ASPR-SL