

At FITBENCH® we believe that fast-paced, HIIT workouts get results quicker. Leading the market with its neatly designed structure, the FITBENCH® ONE allows for quick transitions, and is a safe functional training station that comes with and encloses everything a high intensity workout would need. As our flagship model, the ONE is our best-seller.

FITBENCH® CUSTOMISATION



	FITBENCH® ONE	WARRANTY
Unit Weight	225 lb bench + 275 lb weights (100 kg bench + 125 kg weights)	-
Width	43 cm (17")	-
Length	118 cm (46.5")	-
Height	51 cm (20")	-
Construction	12 gauge, cold-rolled steel	-
Engaging third wheel for portability		-
Anchor points for FITBANDS®	14	-
Super durable, polyurethane foam-injected top	•	-
Soft-closing, inclining top	8 Positions	-
FITROPE™ (not included)	Battle Rope 4 cm x 9 m (1.5" x 30') 21 lbs (10 kg)	1 year
FITBANDS*	Snap-proof with nylon cover (light, medium, & heavy)	6 months
6 commercial grade and custom- designed FITBENCH* hexagon dumbbells	5, 10, 15, 20, 25, & 30 lb (2, 4, 7, 10, 12, & 14 kg)	1 year
2 commercial kettlebells	18 & 30 lbs (8 & 14 kg)	1 year
1 commercial slam ball	15 lbs (7 kg)	6 months
Storage		-
Cell phone compartment		-
White numbers on dumbbells		-
FITBENCH® limited warranty	10 years	-

Specifications subject to change without written notice. Warranties outside the U.S. may vary - please contact your FITBENCH for details.

















