

HD AIR BIKE

The Hammer Strength HD Air Bike is an extremely durable performance trainer. It can be used for warmups, HIIT, injury prevention, and recovery. It also comes with multi-grip handlebars and an adjustable AirGuard.



**HAMMER
STRENGTH®**

HD AIR BIKE

AIRGUARD

Easily adjust AirGuard to change the direction of airflow.

ADJUSTABLE SEAT

Adjust seat height and fore/aft position to accommodate a wide range of athletes for optimal comfort and performance.

BELT DRIVE SYSTEM

High-performance belt-drive system for smooth motion and extended durability.

LCD CONSOLE WITH PERFORMANCE METRICS

View metrics like time, distance, speed, pace, RPM, calories and heart rate.

MULTI-GRIP HANDLEBARS

Suited for a wide range of athletes to have a comfortable and ergonomically-correct grip.

WHEELS FOR EASY TRANSPORT

Oversized wheels allow quick and easy mobility.

**HAMMER
STRENGTH®**



The adjustable AirGuard allows athletes to easily change direction of airflow with multiple different positions.



The HD Air Bike offers the same durability found with all Hammer Strength equipment. Tested to exceed and outperform the expectations people have come to know from Hammer Strength.

**HD AIR BIKE
PT-AB-01**

Console	LCD
Connectivity	Polar/Analog
Workout programs	Interval 20-10, Interval 10-20, Interval Custom, Target Time, Target Calories, Target Distance, Target Heart Rate
Workout metrics	Time, Distance, Speed, RPM, Watts, Calories, Heart Rate
Console power supply	Two D Cell Batteries
Frame color	High Wear Charcoal Grey
Phone holder	Yes
Transport wheels	Yes
Max user weight	350 lbs (159 kg)
Assembled weight	169 lbs (77 kg)
Assembled dimensions (L x W x H)	41.5 in x 24.5 in x 54.5 in (105 cm x 62 cm x 138 cm)

Hammer Strength Performance Trainers



HD AIR BIKE



HD TREAD



HD SPARC



HD AIR BIKE

