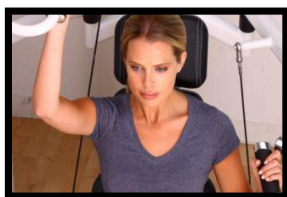


INSIGNIA SERIES

LifeFitness

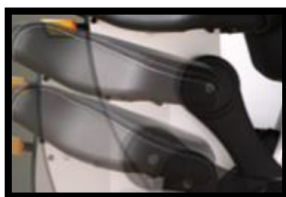
THOUGHTFULLY DESIGNED. DISTINCTIVELY CRAFTED.

Striking visual appeal is topped only by the smooth motion and tactile connection felt by the user. Each of the selectorized pieces feature subtle design elements that create a memorable experience and appeal to exercisers of all fitness levels. Customization allows your Insignia strength equipment to match the look and feel of your facility.



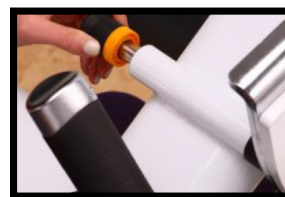
INDEPENDENT MOTION

Smooth, independent arms create equilateral muscle development and accommodate exercisers with physical limitations.



ARTICULATING SEATS

Patented, spring-assisted articulating seats adjust at an angle to ensure optimum positioning and effectiveness for exercisers.



INTUITIVE ADJUSTMENTS

Bright yellow adjustments have large diameters and feature rubber gripping surfaces to make them easier to see and use.



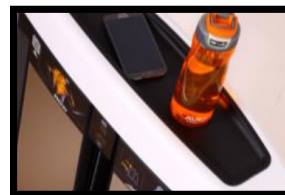
INTELLIGENT GRIPS

Insignia Series enhances the natural feeling motions with ergonomic grips that provide a wider grip area to more evenly distribute force on the hands.



SMART GUIDANCE

QR Codes/NFC lead to how-to videos (S & E Trim). LF Connect System digitally gamifies experience and tracks workout data. (T-Trim). Both connect via LF Connect App.



INTEGRATED STORAGE

Each tower has a beautifully integrated rubber storage area on the top of the trim to hold water bottles, phones, keys and more.

TRIM OPTIONS



S TRIM

Charcoal plastic tower cap



E TRIM

Aluminium painted tower cap



T TRIM

Aluminium painted tower cap
Integrated LF Connect System

WEIGHT OPTIONS



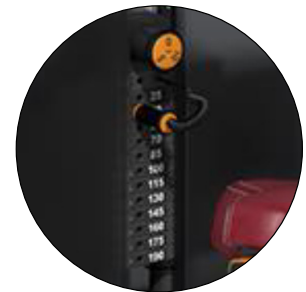
P WEIGHT STACK

Standard weight stack with one 7.5lb
(3.75kg) push/pull weight increment



C WEIGHT STACK

Standard weight stack with two 5lb
(2.5kg) dial weight increments



X WEIGHT STACK

Heavy weight stack (15% more weight)
with two 5lb (2.5kg) dial weight
increments

FULL SHROUD OPTIONS



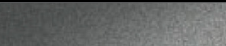
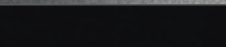

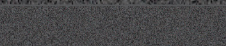
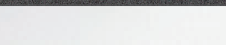




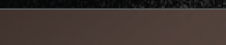



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FRAME OPTIONS










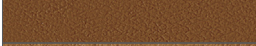
13 FRAME COLORS; 5 STANDARD, 8 CUSTOM

STRENGTH FRAME COLORS	
Platinum	
Black	
Charcoal	
Titanium#	
White	
Blue	
Red	
Yellow	
Midnight Metallic	
Mocha Sand	
Candy Apple Red	
Diamond White Clear	
Electric Blue	

UPHOLSTERY OPTIONS

20 UPHOLSTERY COLORS; 8 STANDARD, 12 CUSTOM
2 STITCH OPTIONS: MATCHING SINGLE, CONTRASTING DOUBLE

STRENGTH UPHOLSTERY COLORS	
American Beauty Red	
Azure	
Black	
Black Carbon Fiber	
Burgundy	
Candy Apple Red	
Chestnut	
Cranberry	
Dark Walnut	
Dove Gray	

Emerald Green	
Graphite	
Imperial Blue	
Navy	
Regimental Blue	
Royal Blue	
Slate	
Suede	
Terra Cotta	
Wheat	

TORSO AND LOWER PRODUCTS (14 TOTAL)



ABDOMINAL ADVANCED



ABDOMINAL



ARC LEG PRESS



BACK EXTENSION



CALF EXTENSION



GLUTE



SIT / STAND HIP ABDUCTION



HIP ABDUCTION/ADDUCTION



HIP ADDUCTION



LEG CURL



LEG EXTENSION



SEATED LEG CURL



TORSO ROTATION



GLUTE BRIDGE

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UPPER BODY PRODUCTS (14 TOTAL)



ASSIST DIP / CHIN



BICEPS CURL



BICEPS CURL - DEPENDENT



CHEST PRESS



CHEST PRESS (DUAL-AXIS)



LATERAL RAISE



PECTORAL FLY



PEC FLY / REAR DELT



ROW



PULLDOWN



PULLDOWN (DUAL-AXIS)



SHOULDER PRESS



TRICEPS EXTENSION



TRICEPS PRESS

INSIGNIA SERIES

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TORSO & LOWER BODY PRODUCT SPECS

MODEL	CODE	DIMENSIONS L X W X H	PRODUCT WEIGHT	WEIGHT STACKS		
				P STACK	C STACK	X STACK
ABDOMINAL ADVANCED	SS-ABD	63.5 x 35.8 x 58.1in (161 x 91 x 148cm)	488lbs (221kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
ABDOMINAL	SS-AB	52.4 x 46.3 x 58.1in (133 x 117 x 148cm)	568lbs (258kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
ARC LEG PRESS	SS-LP	79.5 x 44.8 x 64.7in (201 x 114 x 164cm)	936lbs (424kg)	332.5lbs (166kg)	335lbs (167kg)	395lbs (197kg)
BACK EXTENSION	SS-BE	54.8 x 41.8 x 58.1in (139 x 106 x 148cm)	644lbs (292kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
CALF EXTENSION	SS-CE	40.2 x 68.5 x 58.1in (102 x 174 x 148cm)	646lbs (293kg)	332.5lbs (166kg)	335lbs (167kg)	395lbs (197kg)
GLUTE	SS-GL	73 x 38.4 x 58.1in (185 x 98 x 148cm)	527lbs (239kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
GLUTE BRIDGE	SS-GLB	75.8 x 31.8 x 58.1in (193 x 81 x 148cm)	592lbs (269kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
HIP ABDUCTION / ADDUCTION	SS-HAA	67 x 65 x 58.1in (170 x 165 x 148cm)	624lbs (283kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
HIP ADDUCTION	SS-HAD	62.6 x 62.4 x 58.1in (159 x 158 x 148cm)	728lbs (330kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
LEG CURL	SS-LC	62.6 x 41.7 x 58.1in (159 x 106 x 148cm)	562lbs (255kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
LEG EXTENSION	SS-LE	65.4 x 41.5 x 58.1in (166 x 106 x 148cm)	712lbs (323kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
SEATED LEG CURL	SS-SLC	61 x 39.7 x 58.1in (155 x 101 x 148cm)	774lbs (351kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
SIT/STAND HIP ABDUCTION	SS-SHB	62.6 x 65 x 58.1in (159 x 165 x 148cm)	609lbs (276kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
TORSO ROTATION	SS-TR	45.5 x 44 x 61.9in (116 x 112 x 157cm)	569lbs (258kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)

UPPER BODY PRODUCT SPECS

MODEL	CODE	DIMENSIONS L X W X H	PRODUCT WEIGHT	WEIGHT STACKS		
				P STACK	C STACK	X STACK
ASSIST DIP / CHIN	SS-ADC	63.8 x 58 x 87in (162 x 147 x 221cm)	686lbs (311kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
BICEPS CURL	SS-BC	47.9 x 62.7 x 58.1in (122 x 159 x 148cm)	639lbs (290kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
BICEPS CURL DEPENDENT	SS-BCD	55 x 39.6 x 58.1in (140 x 101 x 148cm)	541lbs (245kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
CHEST PRESS	SS-CP	43.2 x 55.3 x 58.1in (110 x 140 x 148cm)	721lbs (327kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
CHEST PRESS (DUAL AXIS)	SS-CPX	43.2 x 59.5 x 77.1in (110 x 151 x 196cm)	628lbs (285kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
LATERAL RAISE	SS-LR	51.6 x 52.5 x 58.1in (131 x 133 x 148cm)	600lbs (272kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
PECTORAL FLY	SS-PEC	60.6 x 70.4 x 58.1in (154 x 179 x 148cm)	672lbs (305kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
PEC FLY/REAR DELT	SS-FLY	79.9 x 77.6 x 80.1in (203 x 197 x 203cm)	708lbs (321kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
PULLDOWN	SS-PD	55.6 x 56.9 x 76.2in (141 x 145 x 194cm)	717lbs (325kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
PULLDOWN (DUAL-AXIS)	SS-PDX	54 x 59 x 78.1in (137 x 150 x 198cm)	715lbs (324kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
ROW	SS-RW	48.8 x 55.4 x 58.1in (124 x 141 x 148cm)	653lbs (296kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)
SHOULDER PRESS	SS-SP	64.4 x 56.8 x 72.8in (164 x 144 x 185cm)	657lbs (298kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
TRICEPS EXTENSION	SS-TE	53.9 x 39.6 x 58.1in (137 x 101 x 148cm)	535lbs (243kg)	167.5lbs (84kg)	170lbs (85kg)	200lbs (100kg)
TRICEPS PRESS	SS-TP	53.1 x 43.7 x 58.1in (135 x 111 x 148cm)	675lbs (306kg)	257.5lbs (129kg)	260lbs (130kg)	305lbs (152kg)

T-TRIM PRODUCT SPECS

MODEL	CODE	REQUIRED	DESCRIPTION
LF CONNECT - OBSERVER	CK-BEA-101	YES	Hardware needed to capture T-TRIM puck data
LF CONNECT - BEACON	CK-OBS-101	NO	Optional unit for front desk placement to send messages to clients upon arrival

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