

LIFECYCLE RECUMBENT EXERCISE BIKE

INTEGRITY SERIES

STYLE AND COMFORT

The Integrity Series Lifecycle® Recumbent Bike elevates both durability and comfort while enhancing aesthetics for a sleeker, more inviting look.



A COMFORTABLE RIDE

Seat includes a back rest and lumbar support, as well as a wrap-around adjustment lever that makes it easy to find the most comfortable seat position. Integrated resistance controls on side handles makes in-workout adjustments easy (D base only).



GET-ON-AND-GO ACCESSIBILITY

Step-through design and front assist handle allow for easy entry and exit. Wide, self-leveling pedals with simple buckle straps allow exercisers to get started quickly.



GENERATOR DRIVE SYSTEM

Drive system with 8-ribbed poly-V belt resistance provides a smooth, quiet operation and requires limited maintenance.



CONNECTED CARDIO

Integrity Series cardio can be connected to LFconnect for asset management, facility usage data, preventive maintenance, LFconnect Protect and more, so you get the most out of your equipment.

FEATURED:
Integrity Series Recumbent Bike
with C Base and SE3 HD Console

PRODUCT CODE:
INR SE3 HD



WEIGHT:
215 lbs (97.5 kg)

MAX USER WEIGHT:
400 lbs (181 kg)

DIMENSIONS (L X W X H):
67" x 26" x 51.5" (179 cm x 66 cm x 131 cm)

LifeFitness

KEY | • STANDARD - NA

BASE FEATURES	"S" BASE	"D" BASE
Step-through design	•	•
Front assist handle for easy entry and exit	-	•
Easy-adjust pedal straps	•	•
Self-leveling Wide Ride™ Pedals	-	•
Standard Wide Ride™ Pedals	•	-
Remote resistance controls	-	•
Improved Comfort Curve Plus™ Seat with lumbar support	-	•
Seat with lumbar support	•	-
Wrap-around seat adjustment lever	•	•
Fine-tuned seat adjustment positions	40	40
Resistance levels	25	25
Maximum resistance (Watts)	900+	900+
Removable locking cup holders	1	2
Integrated accessory tray	•	•
FRAME		
Generator Drive System	•	•
Brushed stainless steel vents	-	•
Front wheels for easy mobility	•	•
Adjustment levelers for product stability	•	•
Quick-release removable shroud for simple serviceability	•	•
Robust paint (corrosion, stain, and chemical resistant coating)	•	•
Arctic Silver frame	•	•
Titanium Storm frame	-	•

TECHNICAL SPECIFICATIONS	"S" BASE	"D" BASE
Max user weight	400 lbs (181 kg)	400 lbs (181 kg)
Length	67" (179 cm)	67" (179 cm)
Width	26" (66 cm)	26" (66 cm)
Height	51.5" (131 cm)	51.5" (131 cm)
Unit weight	211 lbs (96 kg)	215 lbs (97.5 kg)
POWER REQUIREMENTS		
Self-powered (C and X Consoles only)	•	•
Auto Start: Brings power to console when user begins pedaling	•	•
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV and Discover Consoles	Required for Attachable TV and Discover Consoles
Japan: 100V, 20A or 200V, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV and Discover Consoles	Required for Attachable TV and Discover Consoles
WARRANTY*		
Mechanical and electrical components	2 Years	2 Years
Labor	1 Year	1 Year
Cosmetic items	6 Months	6 Months
PRODUCT MODELS/SKUS		
Discover SE3 HD Console	INRSSE	INRDSE
Discover ST Console	INRSST	INRDST
Integrity X Console	INRSX	INRDX
Integrity C Console	INRSC	-



SERVICEABILITY

The Integrity Series has been designed to offer easy access for maintenance and servicing to keep your equipment lasting longer and reduce downtime.



THE INTEGRITY SERIES

Rooted in more than 20 years of reliability and innovation. Continuous innovation and improvement ensures that this workhorse cardio line remains a trusted fixture in facilities around the world.

CONSOLE OPTIONS:

The Integrity Series includes these console choices

Console choices include simple, get-on-and-go functionality to more engaging options. Each offers wireless connectivity and insights through LFconnect.com.



INTEGRITY C CONSOLE
(S base only)



INTEGRITY X CONSOLE



DISCOVER ST CONSOLE



DISCOVER SE3 HD CONSOLE



S Base



D Base

LifeFitness.com/IntegritySeries

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* Warranties outside the U.S. may vary. Specifications subject to change.

