

# LIFECYCLE UPRIGHT EXERCISE BIKE

INTEGRITY SERIES

## BIKE WITH CLASS

The Integrity Series Lifecycle® Bike is sleek, bold and durable. Easy adjustments, ergonomic grips, pedals and handles all make it enjoyable to ride. Aesthetic touches enhance the visual appeal of these bikes in any facility.



### A COMFORTABLE RIDE

Easy adjustment for a fine-tuned and ergonomically sound seat position. Wide, self-leveling pedals with simple buckle straps allow exercisers to get on and go.



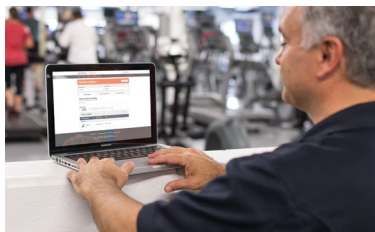
### ERGONOMIC RACING HANDLEBARS

Handlebars are designed to offer cruising, hybrid and race positions. The D base offers integrated resistance controls to make in-workout changes easy and elbow pads for added comfort.



### GENERATOR DRIVE SYSTEM

Drive system with 8-ribbed poly-V belt resistance provides a smooth, quiet operation and requires limited maintenance.



### CONNECTED CARDIO

Integrity Series cardio can be connected to LFconnect for asset management, facility usage data, preventive maintenance, LFconnect Protect and more, so you get the most out of your equipment.

FEATURED:  
Integrity Series Upright Bike  
with D Base and X Console

PRODUCT CODE:  
INCDX



### WEIGHT:

169 lbs (76.5 kg)

### MAX USER WEIGHT:

400 lbs (181 kg)

### DIMENSIONS (L X W X H):

41.5" x 24.5" x 54.5"

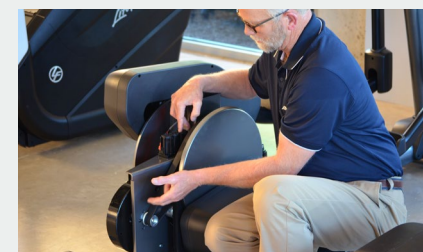
(105 cm x 62 cm x 138 cm)

*LifeFitness*

KEY | • STANDARD - NA

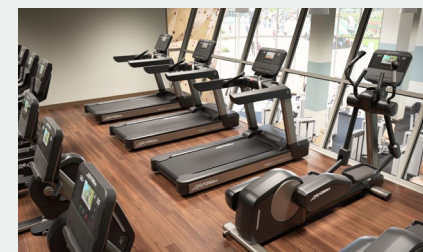
BASE FEATURES	"S" BASE	"D" BASE
Deluxe racing handlebars (ergonomic design with elbow support)	-	•
Standard racing handlebars	•	-
Remote resistance controls	-	•
Easy adjust pedal straps	•	•
Self-leveling Wide Ride™ pedals	-	•
Standard Wide Ride™ Pedals	•	-
Improved Comfort Curve™ seat	•	•
Height position adjustment (easy to reach lever while on or off the product)	•	•
Fine-tuned seat adjustment positions	38	38
Resistance levels	0-25	0-25
Maximum resistance (Watts)	900+	900+
Removable locking cup holders	2	2
Integrated accessory tray	•	•
<b>FRAME</b>		
Generator Drive System	•	•
Brushed stainless steel vents	-	•
Front wheels for easy mobility	•	•
Adjustment levelers for product stability	•	•
Quick-release removable shroud for simple serviceability	•	•
<b>FRAME</b>		
Robust paint (corrosion, stain, and chemical resistant coating)	•	•
Arctic Silver frame	•	•
Titanium Storm frame	-	•

TECHNICAL SPECIFICATIONS	"S" BASE	"D" BASE
Max user weight	400 lbs (181 kg)	400 lbs (181 kg)
Length	41.5" (105 cm)	41.5" (105 cm)
Width	24.5" (62 cm)	24.5" (62 cm)
Height	54.5" (138 cm)	54.5" (138 cm)
Unit weight	169 lbs (76.5 kg)	169 lbs (76.5 kg)
<b>POWER REQUIREMENTS</b>		
Self-powered (C and X Consoles only)	•	•
<b>Auto Start:</b> Brings power to console when user begins pedaling	•	•
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV and Discover Consoles	Required for Attachable TV and Discover Consoles
Japan: 100V, 20A or 200V, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV and Discover Consoles	Required for Attachable TV and Discover Consoles
<b>WARRANTY*</b>		
Mechanical and electrical components	2 Years	2 Years
Labor	1 Year	1 Year
Cosmetic items	6 Months	6 Months
<b>PRODUCT MODELS/SKUs</b>		
Discover SE3 HD Console	INCSSE	INCDSE
Discover ST Console	INCSST	INCDST
Integrity X Console	INCSX	INCDX
Integrity C Console	INCS	-



### SERVICEABILITY

The Integrity Series has been designed to offer easy access for maintenance and servicing to keep your equipment lasting longer and reduce downtime.



### THE INTEGRITY SERIES

Rooted in more than 20 years of reliability and innovation. Continuous innovation and improvement ensures that this workhorse cardio line remains a trusted fixture in facilities around the world.

## CONSOLE OPTIONS:

The Integrity Series includes these console choices

Console choices include simple, get-on-and-go functionality to more engaging options. Each offers wireless connectivity and insights through LFconnect.com.



INTEGRITY C CONSOLE  
(S base only.)



INTEGRITY X CONSOLE



DISCOVER ST CONSOLE



DISCOVER SE3 HD CONSOLE



S Base

D Base

\*Warranties outside the U.S. may vary. Specifications subject to change.