

TRACK CONNECT CONSOLE



ENTERTAINMENT ZONE

Eye-level placement of tablets and smartphones for easy viewing. The compression rack holds any device securely in place.



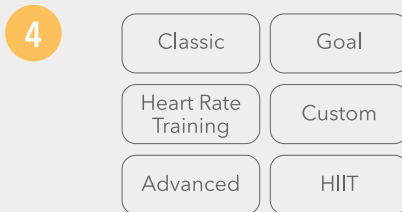
WORKOUT ZONE

The lower half of the console allows for convenient set up and in-workout control. Capacitive touch keys illuminate to reveal the chosen workout.



CONNECTION

Bluetooth® proximity login allows workout to sync with popular fitness apps and wearables via the LFconnect™ and Wahoo RunFit® apps.



INTEGRATED WORKOUTS

Capacitive touch keys allow instant access to HIIT, custom, goal-based and other challenging workouts.

CONNECTED EXPERIENCE

Engaging interaction with entertainment and workout options to keep any home exerciser motivated. The dual-zone design clearly separates entertainment and workout specific areas of the console. Proximity login allows for the wireless connection of smartphones, tablets and other devices.



LifeFitness

TRACK CONNECT CONSOLE

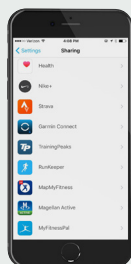
| DISPLAY | TRACK CONNECT |
|--|--------------------------|
| 7" LCD | • |
| Instructional message center | • |
| WORKOUT PROGRAMS | |
| Number of workouts | 15 17 on T5 Treadmill |
| Classic workouts: Manual, Random, Hill | • |
| Advanced workouts: EZ Resistance, Sport Training, Fit Test | • |
| Heart rate training: Fat Burn, Cardio, Heart Rate Hill™, Heart Rate Interval™, Extreme Heart Rate™ | • |
| Goal workouts: Calories, Distance, Target Heart Rate | • |
| HIIT: Custom high intensity interval training | • |
| Marathon mode: Manual, Heart Rate | • T5 Treadmill |
| Custom workouts per user profile | 3 |
| LANGUAGES | |
| Languages: English, Russian, Spanish and German | 4 |

| WORKOUT FEEDBACK | TRACK CONNECT |
|--|---------------|
| Level/Incline | • |
| Time | • |
| Speed: mph, km/h; rpm (bike/cross-trainer only); pace (treadmill only) | • |
| Distance | • |
| Heart rate, target heart rate, calories, METs, animated symbols | • |
| SPECIAL FEATURES | |
| Integrated smart phone/tablet compression rack | • |
| Auto save | • |
| Quick start | • |
| Cool down/warm up modes | • |
| User profiles | 4 |
| Mobile device compatibility: Bluetooth® Proximity, NFC | • |
| LFconnect accessibility: lfconnect.com, unlimited customization, workout tracking, LFconnect app (download from the iTunes™ App Store or Google Play™) | • |
| Energy Saver | • |
| WARRANTY | |
| Warranty: 3-year on electrical and mechanical parts (3V batteries excluded); 1-year on labor (warranties outside the U.S. may vary.) | • |

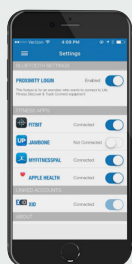
CONNECT, SYNC AND PUSH DATA

Enable Bluetooth on your mobile device to push data to a growing list of partner apps.

Sync with Nike+®, Garmin® and MyFitnessPal® through Wahoo's RunFit; and to Apple® Health, Jawbone™ and Fitbit® by enabling proximity login on the LFconnect app. Or, connect to interactive apps like RunSocial™ for an engaging workout experience.



WAHOO RUNFIT



LFCONNECT



RUNSOCIAL

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