



Latitude™ Lateral Stability Trainer

HELP REDUCE THE RISK OF FALLS WITH THE WORLD'S FIRST RECUMBENT LATERAL STABILITY TRAINER.

Weakened stabilization muscles in older adults and rehabilitation exercisers can increase fall risks and trigger a cycle of inactivity. The Latitude Trainer uses an innovative motion to help people of all fitness levels build the right muscles – and confidence to stay active – in an easy-to-use, engaging way.



Prescribed for Progress™



With its unique motion, the Latitude Trainer strengthens stability muscles from a sitting position.

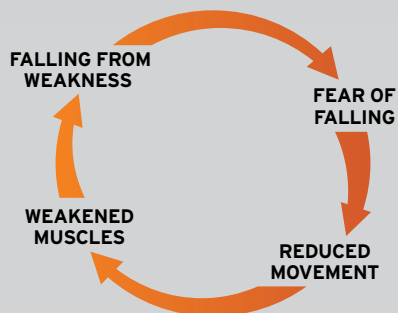
BUILD STABILITY FOR THOSE WHO NEED IT MOST

FIRST OF ITS KIND

- A new resource for building the right muscles and confidence to reduce the risk of falls and stay active.
- Bi-directional circular motion activates muscles used for stability and side-to-side movements.
- Ideal for people of all fitness levels including older adults and rehabilitation exercisers.

EASY ACCESSIBILITY YOU EXPECT FROM SCIFIT

- Easy entry and exit with a step-through design and highly adjustable seat.
- Seat removes for simple wheelchair access.
- Oversized, orthopedic foot pads with heel cups and foot straps add safety, comfort and visibility.



End the cycle of fear, inactivity and falling with the Latitude Trainer from SCIFIT.

Unit Weight	322lbs (146kg) with Premium Seat
Dimensions	70" L, 34" W, 49.5" H (178cm L, 86cm W, 126cm H)
Max User Weight	600lbs (272kg) with Bariatric Seat, 500lbs (227kg) with Standard Seat, 450lbs (204kg) with Premium Seat
Power Requirements	Self-powered with AC adapter included.
Language Choices	English, Spanish, French, Italian, Dutch, German, Russian, Chinese, Japanese, Korean, Portuguese, Arabic and Turkish
Warranty	3 Year Parts, 2 Year Drive System and Cranks, 1 Year Labor Warranties outside of the US may vary.

ENGAGING AND EFFECTIVE

- Bi-directional motion activates different muscle firing patterns depending on the direction – either inward or outward.
- 191 resistance levels at increments of 0.1 allow users to start where they're comfortable and progressively build from there.

Make the Latitude Trainer part of your comprehensive fall risk reduction program.



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