

# ELEVATION SERIES

FLEXSTRIDER  
VARIABLE-STRIDE TRAINER

## PREMIUM CARDIO EQUIPMENT THAT INSPIRES

Elevation Series is the result of superior biomechanics, thoughtful design and an innovative push toward the connected experience.



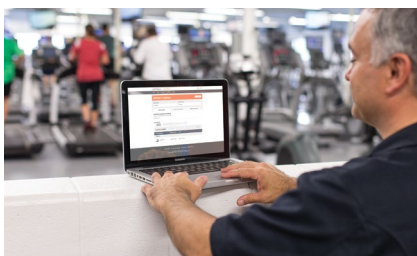
### BIOMECHANICALLY CORRECT

The elliptical motion closely mimics a natural jogging stride for a smooth feeling total-body workout. Exercisers can find their perfect stride length between 0 - 36 inches and change it on the fly.



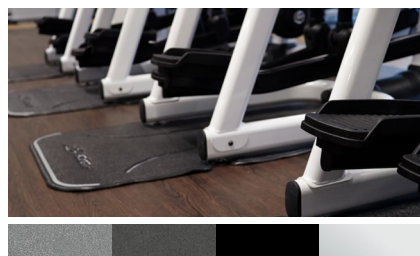
### CONNECTION TO CARDIO

Three choices of consoles keep exercisers engaged and motivated. Each console has Bluetooth® compatibility, allowing users to track workouts with LFconnect or compatible Life Fitness mobile apps.



### ASSET MANAGEMENT

Connected consoles ensure that facilities have the data they need to drive engagement and prolong equipment life.



### COLOR CHOICES

Choose from Arctic Silver, Titanium Storm, Black Onyx or Diamond White to find a color that best fits your facility.

FEATURED:  
Elevation Series FlexStrider™  
variable-stride trainer with  
Discover SE3 (with optional HD)  
Console and Titanium Storm  
frame color



**FLEXSTRIDER VARIABLE-STRIDE  
TRAINER**  
95F

**WEIGHT:**  
589 lbs (267 kg)

**MAX USER WEIGHT:**  
400 lbs (181 kg)

**DIMENSIONS (L X W X H):**  
104 x 34 x 68"  
(264 x 86 x 173 cm)

*LifeFitness*

SPECIFICATIONS

KEY | • STANDARD ○ OPTIONAL \*

TECHNICAL SPECIFICATIONS	
Power Requirements (Voltage may vary outside U.S.)	AC power line 115 volt, 15 amp circuit
Size (L x W x H)	104 x 34 x 68" (264 x 86 x 173 cm)
Unit Weight	589 lbs (267 kg)
Step-up Height	8.6" (22 cm)
Maximum User Weight	400 lbs (181 kg)
ENTERTAINMENT	
Interactive Courses†	•
Streaming Entertainment Apps (Discover SE3 HD and SE3 only)	•
Goal Workouts: Time, Distance, Calories, Heart Rate, Starter Interval, Flat, Hill, Rolling Hills, Random, Climb***	•
Fitness Test Protocol: Life Fitness Fit Test	•
CONNECTIVITY	
Networking Capabilities: CSAFE-Ready	•
Internet: Via CAT6 or CAT5e (Shielded Recommended)	•
Wireless Connectivity: IEEE 802.11a/b/g/n (Standard for Discover SE3 HD and SE3 only)	•
Bluetooth® Connectivity	•
NFC Connectivity (Discover SE3 HD and SE3 only)	•
RFID Connectivity	○
SERVICE	
LFconnect Asset Management	•
Open Platform with App Developer Website	•
Flash Programmable via USB Stick	•

PRODUCT FEATURES	
Heart Rate Monitoring†: Polar® Telemetry and Bluetooth®† HeartRate (optional chest strap required), Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital signal processing)	•
Console Options: Discover SE3 HD, SE3, SI, Explore	○
Attachable TV System (For Discover SI and Explore)	○
Stride Length Interval	•
Variable Stride Length	0 - 36" (0 - 91.4 cm)
Oversized Non-Slip Pedals	•
26 Resistance Levels	0-25
At-Your-Fingertips Resistance Controls (Located on the moving arms)	•
Two Wheels for Easy Mobility	•
Frame Color Options: Arctic Silver, Black Onyx, Diamond White, Titanium Storm	○
Headphone Jack	3.5 mm stereo
WARRANTY**	
2-year limited warranty on all mechanical and electrical components	•
1-year labor	•
Attachable TV System for Discover SI and Explore: 2-years electrical and mechanical parts; 90 days labor	•



The Elevation Series FlexStrider variable-stride trainer transforms the way your exercisers work out, including three console choices, several entertainment options and on-the-fly stride length adjustability. It features an inviting design aesthetic and an engaging digital platform.



PREMIUM CARDIO EQUIPMENT THAT ENGAGES AND ENTERTAINS

The Elevation Series includes treadmills, cross-trainers, PowerMill climbers, FlexStrider variable-stride trainers, and Lifecycle upright and recumbent bikes.

CONSOLE OPTIONS

The Elevation Series includes four console choices:



DISCOVER SE3 HD CONSOLE



DISCOVER SE3 CONSOLE



DISCOVER SI CONSOLE



EXPLORE CONSOLE

LifeFitness.com/ElevationSeries

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\* Optional features are available at an additional charge.

\*\* Warranties outside the U.S. may vary. Specifications subject to change.

\*\*\* Climb available only for Discover SI and Explore

† Discover SE3 HD, SE3 and SI only

