

# ELEVATION SERIES

GSC TRAINER

## PREMIUM CARDIO EQUIPMENT THAT INSPIRES

Elevation Series is the result of superior biomechanics, thoughtful design and an innovative push toward the connected experience.



### GLIDE, STRIDE, CLIMB

Three machines in one. At lower levels it glides like a cross-country skier, at mid levels it strides like an elliptical, and at high levels it functions like a climber or stepper.



### CONNECTION TO CARDIO

The Discover SE3 console keeps exercisers engaged and entertained with popular apps, interactive courses, workout tracking and more.



### ASSET MANAGEMENT

Connected consoles ensure that facilities have the data they need to drive engagement and prolong equipment life.



### CROSS-TRAINER CHOICES

The Elevation Series offers three different and inviting cross-trainer choices with the GSC Trainer, FlexStrider™ Variable-Stride Trainer and standard elliptical cross-trainer.



**GSC TRAINER**  
95G

**WEIGHT:**  
404 lbs (183 kg)

**MAX USER WEIGHT:**  
400 lbs (181 kg)

**DIMENSIONS (L X W X H):**  
76 x 37 x 62.5"  
(196 x 93 x 159 cm)

**FEATURED:**  
Elevation Series GSC™ Trainer  
with Discover SE3 tablet console.  
Arctic silver.

*LifeFitness*

SPECIFICATIONS

KEY | • STANDARD ○ OPTIONAL \*

TECHNICAL SPECIFICATIONS	
Power Requirements (Voltage may vary outside U.S.)	AC Power Line: 115V/60Hz (U.S.) and 230V/50Hz (Outside U.S.)
Size (L x W x H)	76 x 37 x 62.5" (196 x 93 x 159 cm)
Unit Weight	404 lbs (183 kg)
Maximum User Weight	400 lbs (181 kg)
ENTERTAINMENT	
Interactive Courses	•
Streaming Entertainment Apps	•
Goal Workouts: Time, Distance, Calories, Heart Rate, Hill, Rolling Hills, Random, Starter Interval, Aerobics, Reverse	•
Fitness Test Protocols: Life Fitness Fit Tests, Navy PRT	•
CONNECTIVITY	
Networking Capabilities: CSAFE-Ready	•
Internet Via CAT6 or CAT5e (Shielded Recommended)	•
Wireless Connectivity: IEEE 802.11a/b/g/n	•
Bluetooth® Connectivity	•
NFC Connectivity	•
RFID Connectivity	○
SERVICE	
LFconnect Asset Management	•
Open Platform with App Developer Website	•
Flash Programmable via USB Stick	•

PRODUCT FEATURES	
Heart Rate Monitoring: Polar® Telemetry and Bluetooth® Heart Rate (optional chest strap required), Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital signal)	•
Console: Discover SE3	○
Oversized Non-Slip Pedals	•
24" (61 cm) Stride Length	•
Incline/Resistance Levels	•
Front Wheels for Easy Mobility	•
Glide, Stride and Climb Zones	•
Long Input Arms	•
Arctic Silver Frame Color	•
Headphone Jack	3.5 mm stereo
WARRANTY**	
2-year on all electrical components; 1-year limited warranty on all mechanical components and labor	•
7-year limited warranty on motor and frame	•
2-years electrical and mechanical parts; 90 days labor	•

\* Optional features are available at an additional charge.  
 \*\* Warranties outside the U.S. may vary. Specifications subject to change.



The Elevation Series GSC Trainer transforms any exerciser's workout, which combines the freedom to choose between three distinctly different motions with an engaging digital platform.



**PREMIUM CARDIO EQUIPMENT THAT ENGAGES AND ENTERTAINS**

The Elevation Series includes treadmills, cross-trainers, PowerMill climbers, FlexStrider variable-stride trainers, GSC Trainers and Lifecycle upright and recumbent bikes.

**ELEVATION SERIES CONSOLE**

The Elevation Series includes the following console:



DISCOVER SE3 CONSOLE

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