

# EASILY CREATE YOUR OWN PERFORMANCE TRAINING SPACE

HD Athletic™ equipment is modular and designed to let you build unique training areas that are efficient, effective and exciting. It is rugged strength training gear built to the standards of the world's pioneer in performance strength training equipment.



#### **HD ATHLETIC RACKS**

Hammer Strength racks are found in the world's top professional athletic training facilities. HD Athletic racks offer a wide range of configurations and add-ons to fit the training needs of athletes from the high school level to the pros.





### **HAMMER STRENGTH PERFORMANCE**

Designed with features that provide unmatched structural rigidity and durability, including impact-absorbing bar catches, 3/4" hardware, Spider Gussets™, HammerLock™ Bolting and specially formulated high-wear paint.





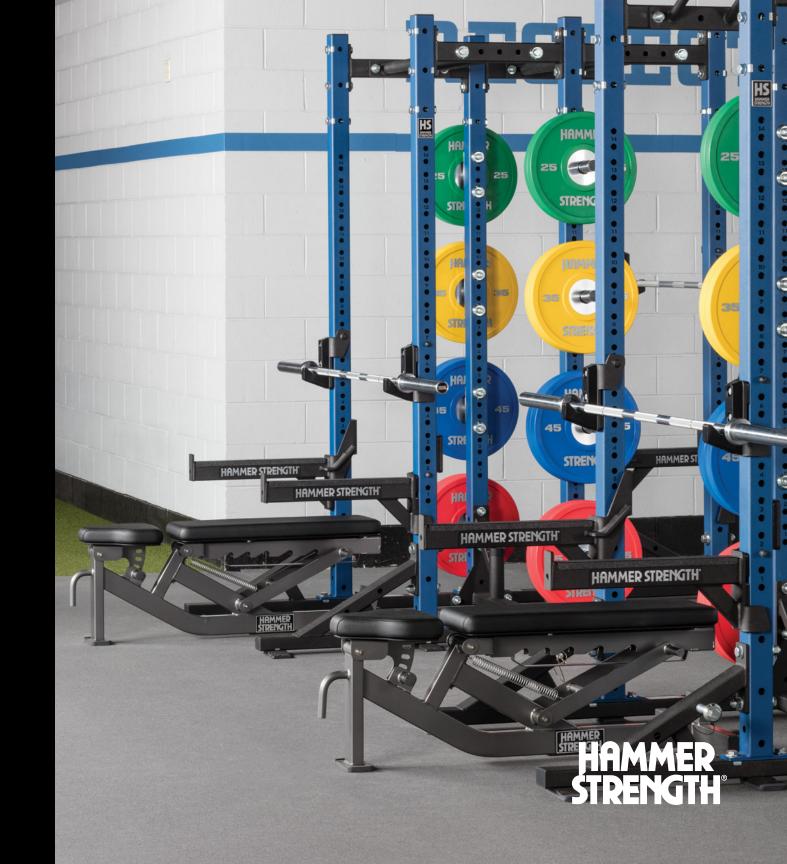
## **HIGH-INTENSITY INTERVALTRAINING**

HD Athletic racks and rigs can be used to create a vibrant HIIT training area in health clubs.



### **PREMIUM APPEARANCE**

Maximum versatility with minimum holes in the frame for a clean and attractive look. Four high-wear colors for uprights and cross member options, and standard Hammer Strength color choices for the frames.





HAMMERSTRENGTH.COM