



CLASSIC SERIES

UPRIGHT BIKE

The Classic Series Upright Lifecycle® Exercise Bike is designed with the advanced engineering and durable components that exemplify our legacy of fitness expertise. Built for easy use, riders of all sizes can adjust the bike seat in seconds to ensure an optimum workout. From top to bottom, this machine is pure Life Fitness and a “must have” for every facility.

PERFORMANCE FEATURES

COMFORT CURVE™ PLUS SEAT WITH EASY ADJUSTMENTS

The convex shape and swept back seat design on our Classic Series Upright Bike provide superior comfort. Ratchet seat adjustment with 27 positions makes it easy for users to adjust the seat height, even while in a seated position.

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the handlebars to provide precise heart rate monitoring, and Polar® telemetry provides accurate, “hands-free” heart rate monitoring.

(Telemetry requires optional chest strap.)

MOTIVATING WORKOUT VARIETY

Zone Training+™ Workouts automatically adjust the resistance level to keep users in their target heart rate zone. Also includes goal-based workouts, Fitness Test protocols, and the machine-prompting Aerobics Trainer Workout to keep users motivated.

SELF-POWERED CONVENIENCE

Cordless, so you can place your bikes anywhere in your facility.

(Models with optional Attachable TV System require power.)

RELIABLE BELT-DRIVE SYSTEM

Custom-designed system is quiet and virtually maintenance free.

PLUG-IN OPTION

Provides a lower operating resistance, which appeals to novice and deconditioned users.

HIGHLIGHT FEATURE

UNPRECEDENTED EASE OF USE



No need to move reading material - the dual-level console lets users manage workouts and read all at the same time. Plus, Lifepulse heart rate hand sensors are located in two positions—upright and racing—for comfort and convenience.

UPRIGHT BIKE DETAILS

- > Comfort Curve Plus Seat™
- > Wide Ride™ pedals
- > Ergonomic handlebars
- > Dual-level alphanumeric LED console
- > Heart rate monitoring
- > 29 workouts, including 5 Zone Training+™ Workouts and Air Force PRT and Fit Test protocols
- > 9 languages
- > Integrated reading rack and accessory tray
- > Self-powered; optional plug-in accessory
- > Available with Attachable TV System

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SPECIFICATIONS

HEART RATE MONITORING		
Polar® Telemetry (optional chest strap required)		●
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)		●
WORKOUTS		
Manual, Quick Start		●
Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate		●
Interval Workouts: Hill, Random, Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training		●
Goal Workouts: Watts, METs, Calories, Distance, Time in Zone		●
Custom Workouts		6
Fitness Test Protocols: Fit Test, Air Force PRT		●
Aerobics Trainer		●
Customized Cool Down		●
DISPLAY READOUT		
Elapsed Time, Distance, Total Calories Burned, Calories Per Hour, Heart Rate, Watts, METs, Workout Profile, Resistance Level, RPM		●
Language Choices**		9
DISPLAY TYPE		
LED: Alphanumeric message center, workout profile and lower level time/level display		●
SPECIAL FEATURES		
Integrated Reading Rack		●
Integrated Accessory Tray		●
Deluxe Racing Handlebars		●
Wide Ride™ Pedals		●
Ratcheting Seat Adjustment		●
Comfort Curve Plus™ Seat		●
Front Wheels for Easy Mobility		●
On-the-Fly Programming		●
Resistance Levels		25
Plug-in Accessory		○
Service Enhancements: Manager's Optional Settings		●
Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified		●
Attachable TV System		○
iPod® Capability on Attachable TV***		○
TECHNICAL SPECIFICATIONS		
Resistance (Watts)		500
Maximum User Weight		400 lbs (181 kg)
Power Requirements: AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)		○
Self Powered ****		●
Auto Start: Brings power to console when user begins pedaling		●
Length		48" (122 cm)
Width		24" (61 cm)
Height		54" (137 cm)
Unit Weight		107 lbs (49 kg)
Warranty†	2-year limited warranty on all mechanical and electrical components	●
	1-year labor	●
	Attachable TV System: 2-years electrical and mechanical parts; 90 days labor	●

* Optional features are available at an additional charge.

** Japanese available with Complex Character Display (CCD) console.

*** Life Fitness does not supply external cord required for iPod® video capability with Attachable TV.

**** Optional Attachable TV requires external power source.

† Warranties outside the U.S. may vary. Specifications subject to change.

LifeFitness
WHAT WE LIVE FOR