

POWERMILLTM CLIMBER WITH DISCOVER SI CONSOLE



The PowerMill Climber with Discover™ SI Tablet Console is where your digital life meets your workout experience. The third generation of touch screen consoles redefines the workout experience with the most advanced technology. The 10″ integrated LCD touch screen features an abundance of entertainment options, enhanced interaction, Internet connectivity and much more

FEATURES



> 10" WITH OPTIONAL INTEGRATED TV SURFACE CAPACITIVE LCD TOUCH SCREEN

With a swipe of a finger, navigate seamlessly between crisp, clear screens to choose the entertainment and workouts you want. Discover SI-TV option includes integrated TV.



> APPLE® AND ANDROID™ COMPATIBLE

Connect, manage playlists, watch videos and power your Android and Apple device, including your iPod®, iPhone® or iPad®







> INTERNET CONNECTIVITY

Visit a website or play a game. Easily choose your favorite websites through your LFconnect account, and they will be instantly available when you log in. Available with Ethernet or Wireless connectivity.



> LIFESCAPE INTERACTIVE COURSES

Take high-definition hikes through famous locations around the world. The Global Trek course combines mountain hikes and uphill walks that keep the exerciser engaged during a workout. And the scenery slows down and speeds up with the user.



> LFCONNECTTM / LFCONNECT APP

Complementary solution that allows exercisers to choose equipment settings and track workout results to meet their goals, while also providing facility owners easy asset management and product customization capabilities. LFconnect is accessible via its website or app.

To create an account, go to **LFconnect.com**.



FACILITY FEATURES*

Asset Management:

Product usage statistics Software updates

Equipment Customization:

Custom workouts by facility and trainer Attract screen, logo and message customization

Entertainment Customization:

Internet presets

TV channel editing (Discover SI-TV only)

EXERCISER FEATURES*

Product Personalization:

Display and workout settings Internet favorites

Workout Creation:

Workout calendar
Workout customization
Workout Library

Workout Tracking:

Track and share progress

Social Interaction:

Create workouts and track progress with peers and personal trainers

All features are Apple and Android compatible.





POWERMILL CLIMBERWITH DISCOVER SI CONSOLE

The PowerMill Climber provides a high-intensity cardio workout and is designed for users of all abilities. S3 (SureStep SystemTM) technology combines an AC motor, which allows for extremely responsive controls and smooth speed changes, with the largest usable step surface in the fitness industry and MaxBloxTM anti-pinch toe protectors.



PERFORMANCE FEATURES

> SMOOTH AND SECURE

S3 Technology ensures that users are on stable footing throughout a workout.

> ERGONOMIC EXPERTISE

205 sq. in. of usable step space is the largest in the fitness industry.

> ADVANCED CONSOLE TECHNOLOGY

Internet connectivity, product personalization through LFconnect, Lifescape interactive courses, video watching capabilities and iPod®, iPhone®, iPad® and Android $^{\text{TM}}$ smartphone integration.

> HEART RATE MONITORING

LifepulseTM digital heart rate monitoring hand sensors are located in the hand grips. Polar[®] telemetry provides users with accurate hands-free heart rate monitoring.

> THUMB SPEED CONTROLS

Located on the hand grips to easily adjust intensity without disrupting

> ENERGY OUTPUT TRACKING

FitPower display highlights the energy output of exercisers.

> MOTIVATING WORKOUT VARIETY

Heart Rate+ TM Workouts automatically adjust resistance to keep users in their target heart rate zone. Goal-based workouts allow users to set personal goals.

> EASY ACCESS

Multiple modular panels allow for easy internal access during maintenance.

> DUAL BRAKING SYSTEM

AC motor brings PowerMill to a smooth stop, and a mechanical brake then locks the steps in place until the machine is started again for a stable platform when setting up a workout

HIGHLIGHTED FEATURE

POWERED BY S3 TECHNOLOGY

Motor-driven system allows for a wide range of speeds and includes slow speeds for reconditioning and faster speeds for high-intensity interval training (HIIT). The extremely reliable Life Fitness motor provides responsive speed control.



POWERMILL DETAILS

MaxBloxTM steps have 205 sq. in. of usable space and toe pinch protectors

0-25 speed levels (12 to 185 steps per minute)

Interior protective panel shields internal components from liquids

Thumb speed controls and on/off

Easy-clean open space below the unit





SPECIFICATIONS

HEART RATE MONITORIN		
Polar® Telemetry (optio		•
	rt Rate Monitoring with DSP (Digital Signal Processing)	•
WORKOUTS		
Quick Start, Customized		•
Classic Workouts	Manual Goals, Random, Hill, Rolling Hills	•
Healthy Heart	Fat Burn Cardio, Heart Rate Hill, Heart Rate Interval	•
	Fixed Time Interval, Variable Time Interval	•
Performance	3-Speed Interval	•
Evaluate	Fit Test, CPAT Test	•
Goal Workouts	Time, Calories, Floors Climbed, Time in Zone	•
LFconnect.com** Workouts	Extreme Heart Rate, Kilimanjaro, Around the World, Cascades, Custom Workouts	0
PRODUCT FEATURES		
Constant FitPower		•
Dual Step Assist		•
Integrated Reading Rack		•
Integrated Smartphone Accessory Tray		•
Wide Two-Tone Stairs		•
On-the-fly Programming		•
Resistance Levels		26 (0-25)
Thumb Resistance Controls		•
Removable Cup Holder		•
Four Wheels for Easy Mo	obility	•
Networking Capabilities	: CSAFE-Ready, FitLinxx™ Certified	•
SERVICE ENHANCEMENT	rs	
Manager's Menu Option:	s	•
Flash Programmable via	USB Stick	•
TECHNICAL SPECIFICATI	ONS	
Maximum User Weight		400 lbs (181 kg)
Power Requirements:	100-200 volts, 50/60 Hz, 3 Amps	•
Internet	Via CAT6 or CAT5e (Shielded Recommended)	•
	Wireless Connectivity: IEEE 802.11a/b/g/n*	0
Length		55.9" (142 cm)
Width		32.81" (83.3 cm
Height		82.3" (209 cm)
Unit Weight		473 lbs. (215 kg
Ceiling Height Minimum		9' (2.7 m)
Step-Up Height		10.5 " (26.7 cm)
Warranty [†]	7-year limited warranty on the frame, 2-year limited warranty on all mechanical and electrical components	•
	1-year labor	

- * $\,$ Optional features may be available at an additional charge.
- ** LFconnect on-console features are compatible with the Elevation Series Discover SI when connected to the Internet. Internet connectivity is recommended for optimal facility owner and exerciser experience.
- Features not available in all regions. Check with your sales rep for availability and details.
 Warranties outside the U.S. may vary. Specifications subject to change.
- © 2014 Life Fitness, a division of Brunswick Corporation. All rights reserved. Life Fitness is a registered trademark of Brunswick Corporation. Discover, FitPower, Heart Rate+, LFconnect, Lifepulse, Lifescape, MaxBlox, PowerMill, SureStepSystem, Swipe and Workout Landscape are trademarks of Brunswick Corporation.

FitLinxx is a trademark of Integrated Fitness Corp. Polar is a registered trademark of Polar Electro, Inc. iPad, iPhone and iPod are registered trademarks of Apple Inc. Android is a trademark of Google Inc. PM-038-13. (3.14)

DISPLAY TECHNOLOGY

TABLET CONSOLE OPTIC	NS	
10" Surface Capacitive	LCD Touch Screen with Swipe™ Technology	•
Screen Protection	Protective top layer, internal shock mounts, gasket	•
TV VIEWING OPTIONS		
Integrated TV* (Discover SI-TV only)	Analog and Digital NTSC/ATSC/QAM, PAL/ SECAM/DVB-T2, NTSC/ISDB-T with BCAS	0
DISPLAY READOUT		
Profile Display		
English/Metric Selection	mph/kph or lbs/kg	•
Language Choices	English, English UK, Spanish, Portuguese, Italian, French, German, Dutch, Turkish, Traditional Chinese, Simplified Chinese, Japanese, Korean, Russian, Arabic, Polish, Catalan, Finnish, Hungarian, Euskara	20
SPECIAL FEATURES		
iPod®, iPhone®, iPad® and Android™	Video capability on LCD Touch Screen	•
Smartphone	Playlist management on LCD Touch Screen	•
Compatibility	Charging	•
	iPad® Holder	•
Internet	Via CAT6 or CAT5e (shielded recommended)	•
	Wireless Connectivity: IEEE802.11a/b/g/n*	0
On-Demand Content (Music Videos, TV shows)	Available with purchase of Lifescape Gatewayt	0
Lifescape Interactive Courses	Video speed and level/incline controlled	•
Bluetooth	Compatible with Bluetooth devices	•
Workout Landscape™ Views	FitPower, Endless Stairs, Building, Classic Profile	•
USB Connectivity	Audio and Video files; flash programmable software	•
RFID		
Solitaire	Play Solitaire on the LCD Touch Screen	•
Secondary Audio Programs (SAP)	SAP TV broadcast required	•
Previous Channel, Closed Captioning, Mute Feature		
Life Fitness Reader	Read ePub files on the LCD Touch Screen	•
Manager Defined Marathon Mode	Unlimited workout time	•
Facility Customization through LFconnect.com**	Attract screen background image and logo, and scrolling message; custom Internet settings and TV channels; custom workouts	•
End-user Personalization through LFconnect. com and LFopen**	Personalized content, workouts creation and tracking, entertainment	•
Asset Management through LFconnect.com	Software Updates and Statistics	•
Open Platform with Ap	p Developer Website	•
TECHNICAL SPECIFICATI	ONS	
Headphone Jack	3.5 mm Stereo	•



