



INTEGRITY SERIES POWERMILL™ CLIMBER

The PowerMill Climber is equipped with innovative SureStepSystem™ (S3) technology. The key feature is the AC motor, which provides the widest training range available in a climber. From 12 steps per minute on the low end to up to 185 steps per minute at the highest speeds, the motor's range provides applications for all exercisers, whether engaging in reconditioning or looking for high-intensity interval training.



PERFORMANCE FEATURES

SEAMLESS COMPATIBILITY WITH iPod® AND iPhone®

Connecting an iPod or phone to the console charges the device and provides great motivation to the exerciser through music and, when an attachable TV is available, video.

INTEGRATED ENTERTAINMENT CONTROLS

Newly integrated controls allow exercisers to skip songs, adjust the volume and change television channels right from the console.

SPACE AND STABILITY

The largest usable step space in the fitness industry provides secure footing at any speed.

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the handlebars to provide precise heart rate monitoring, and Polar® telemetry provides accurate, "hands-free" heart rate monitoring. (Telemetry requires optional chest strap.)

MOTIVATING WORKOUT VARIETY

Zone Training+™ workouts automatically adjust the speed to keep users in their target heart rate zone. Goal-based workouts and interval workouts keep users motivated.

MAINTENANCE MADE EASY

Multiple modular panels provide service personnel with quick access to internal components.

HIGHLIGHT FEATURE

SURESTEPSYSTEM TECHNOLOGY



Motor-driven system allows for a wide range of speeds that includes a slow start-up mode and the highest speeds in the industry for high-intensity interval training. Speed changes are smooth and responsive.

STAIRCLIMBER DETAILS

- SureStepSystem Technology
- Ergonomically designed handlebars for support and proper upright position
- Thumb control on the handlebars for speed adjustment and easy on/off
- Dual-level alphanumeric LED console
- Heart rate monitoring
- 27 workouts, including 5 Zone Training+™ workouts and Fit Test Protocol.
- Integrated reading rack and accessory tray
- iPod Compatibility
- Integrated iPod/iPhone TV Controls
- Available with optional Attachable TV System

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SPECIFICATIONS

| HEART RATE MONITORING | | |
|--|---|-------------------|
| Polar® Telemetry (optional chest strap required) | | ● |
| Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing) | | ● |
| WORKOUTS | | |
| Classic Workouts: Random, Manual, Quick Start, Speed Interval | | ● |
| Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate | | ● |
| Interval Workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro | | ● |
| Goal Workouts: Watts, METs, Calories, Distance, Time in Zone | | ● |
| Custom Workouts | | 6 |
| Fitness Test Protocols: Fit Test, CPAT Test | | ● |
| Customized Cool Down | | ● |
| DISPLAY READOUT | | |
| Elapsed Time, Total Calories Burned, Calories Per Hour, Heart Rate Watts, METs, Speed, Workout Profile, Floors Climbed, Steps/Minute | | ● |
| DISPLAY TYPE | | |
| LED: Alphanumeric message center, workout profile and lower level time/level display | | ● |
| Numeric Keypad | | ● |
| SPECIAL FEATURES | | |
| SureStepSystem Technology | | ● |
| Integrated Accessory Tray | | ● |
| Thumb Controls | | ● |
| Support Handlebars | | ● |
| Largest Usable Step Space | | 205 sq. in. |
| Four Casters for Easy Mobility | | ● |
| Dedicated Keypad | | ● |
| On-the-Fly Programming | | ● |
| Speed Levels | | 25 |
| Plug-in Accessory | | ○ |
| Service Enhancements: Manger's Optional Settings and Service Diagnostics | | ● |
| Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified | | ● |
| Attachable TV System | | ○ |
| iPod® and iPhone® Compatibility | Video capability on attachable TV | ○ |
| | On-console playlist management | ● |
| | Charging | ● |
| Integrated iPod/TV controls | | ● |
| Flash Programmable | | ● |
| TECHNICAL SPECIFICATIONS | | |
| Maximum User Weight | | 400 lbs (181 kg) |
| Power Requirements: 100-200 volts, 50/60 Hz, 3 Amps | | ● |
| Length | | 55.9" (142 cm) |
| Width | | 32.81" (83.3 cm) |
| Height | | 82.3" (209 cm) |
| Unit Weight | | 473 lbs. (215 kg) |
| Ceiling Height Minimum | | 9' (2.7 m) |
| Step-Up Height | | 10.5" (26.7 cm) |
| Warranty† | 7-year limited warranty on frame | ● |
| | 2-year limited warranty on all mechanical and electrical components | ● |
| | 1-year labor | ● |
| | Attachable TV System Option: 2-years electrical and mechanical parts; 90 days labor | ● |

* Optional features are available at an additional charge

** Optional Attachable TV requires external power source

† Warranties outside the U.S. may vary. Specifications subject to change.