



95X INSPIRE

ELLIPTICAL CROSS-TRAINER

Life Fitness Certified Pre-Owned Elliptical Cross-Trainers offer a variety of smooth, total-body, low-impact cardiovascular workouts. Extensive biomechanical research has created a natural fluid motion that closely replicates running or walking.

PERFORMANCE FEATURES

TOTAL-BODY EXERCISE

A comfortable and effective total-body workout helps users reach their fitness goals. Fluid motion is achieved with a 20" stride length.

OVERSIZED PEDALS

Oversized nonslip pedals with narrow spacing allow for comfortable use with minimal lateral hip shifting, which reduces lower back stress.

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the ergonomically designed handlebars and bullhorns. Polar® telemetry provides accurate, hands-free heart rate monitoring.

(Telemetry requires optional chest strap.)

MOTIVATING WORKOUT VARIETY

A wide range of workouts keep exercisers motivated and engaged. Options include manual, random, hill, Heart Rate+ and Hill+ Workout™, goal-based workouts, and advanced fit tests, including the Navy PRT.

QUIET DRIVE™ TECHNOLOGY

Ensures a quiet, relaxing workout environment.

HIGHLIGHT FEATURE



Integrated 7" touch screen includes Virtual Trainer and Workout Landscape Perspectives™ for added incentive.

ELLIPTICAL CROSS-TRAINER DETAILS

- > 20" (50.8 cm) stride length
- > Ergonomically correct moving arm handles provide a total-body workout
- > 7" LCD touch screen
- > Virtual Trainer and Workout Landscape Perspectives for added motivation
- > iPhone® and iPod® compatibility
- > Heart rate monitoring
- > At-your-fingertips resistance controls on the center right grip
- > Integrated reading rack and removable cup holder
- > Compatible with an optional Attachable TV

LifeFitness
WHAT WE LIVE FOR

95X INSPIRE ELLIPTICAL CROSS-TRAINER

CHECKLIST

OUR 21-POINT INSPECTION

Our certified technicians carefully disassemble and diagnose every Cross-Trainer using a meticulous 21-point quality checklist. Next, we either Clean, Detail, Inspect, Rebuild, Repair, or Replace every specific part or perform a combination of these steps. We deliver fully-assembled, refurbished Cross-Trainers ready for your immediate use.

KEY

Clean – 	Detail – 
Repair – 	Inspect – 
Rebuild – 	Replace – 
Paint – 	

All of our Certified Pre-Owned Treadmills must meet our sophisticated quality standards.

1. Function Check			12. Generator		
2. Electronic Function			13. Levelers		
3. Console Housing			14. Shroud		
4. Overlay			15. Bearings		
5. Electrodes / Handlebars			16. Decals		
6. Grips			17. Misc. Hardware		
7. Accessory Tray			18. Main Cable		
8. Shroud Covers			19. End Caps / Arm Caps		
9. Pedals			20. Control Board		
10. Belts			21. Drive Shaft		
11. Frame					

SPECIFICATIONS

Heart Rate Monitoring	Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing) and Polar® Telemetry
Workouts	24 workouts including: Hill, Heart Rate Hill™, Extreme Heart Rate™, Random, Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training Cross Train Aerobic, Cross Train Reverse, and Navy PRT
Display Readings	Elapsed Time, Time Remaining, Time in Zone, Time of Day, Total Calories, Calories Per Hour, Watts, METs, Resistance Level, Speed, Distance, Distance Climbed, Distance Remaining, Workout Profile, Heart Rate, Pace, Custom Messaging, Language Choices (19)
Display Type	7" Integrated LCD Touch Screen
Standard Features	iPod® / iPhone® Accessory Tray, Integrated Reading Rack, Welded Steel Frame, 25 Resistance Levels, Moving Handlebars, Stationary Bullhorns, Fingertip Resistance Controls
Dimensions	88.1" L x 30.7" W x 65" H (224cmL x 78cmW x 165cmH)
Weight	452 lb (195kg)
Power Requirements	AC Power Line 115V, 15 Amp optional; Self-powered Auto Start powers console when user begins pedalling
Warranty	One-year limited warranty on all mechanical and electrical components; One-year labor.†

† Warranties outside the U.S. may vary.

CALL NOW TO FIND OUT HOW YOU CAN SAVE UP TO 40% OFF OUR NEW PRODUCT LIST PRICE

Inventory changes regularly, so ask about our current listing today.

800.634.8637 / 847.288.3300 / www.lifefitness.com