



INTEGRITY SERIES CLSS STAIRCLIMBER

The Integrity Series Stairclimber features a smooth, independent stepping action, forward thinking ergonomics and biomechanically correct motion. Angled to mimic real stepping action, the IsoTrack™ linear climbing mechanism delivers a low-impact stepping action that's easy on user's joints. The CLSS features a variety of workout programs, durable components, and a belt-drive system that's virtually maintenance free. This stairclimber also offers a refreshed, non-intimidating console with more options for personalized entertainment, which helps exercisers complete more enjoyable workouts.

PERFORMANCE FEATURES

SEAMLESS COMPATIBILITY WITH IPOD

Connecting an iPod to the console charges the device to provide great motivation to the exerciser through music and, when, an attachable TV is available, video.

INTEGRATED ENTERTAINMENT CONTROLS

Newly integrated controls allow exercisers to skip songs, adjust the volume and change television channels right from the console.

ERGONOMIC EXPERTISE

The ergonomically angled linear slide mechanism mimics a natural stepping motion and develops each leg independently for balanced results. Handlebars provide support and help ensure biomechanically correct posture.

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the handlebars to provide precise heart rate monitoring, and Polar® telemetry provides accurate, "hands-free" heart rate monitoring. (Telemetry requires optional chest strap.)

MOTIVATING WORKOUT VARIETY

Zone Training+™ workouts automatically adjust the resistance level to keep users in their target heart rate zone. Goal-based workouts and interval workouts keep users motivated.



Greener with EVERY MOVE

Certain components of our cardio equipment are no longer painted during the manufacturing process, which reduces our carbon footprint. This initiative also lowers the amount of Volatile Organic Compounds (VOCs) released into the air as pollutants.

HIGHLIGHT FEATURE

**SUPERIOR
BELT-DRIVEN
SYSTEM**



Exercisers get the smooth, popular independent stepping action they want, and you get the virtually maintenance-free belt-drive system you need. Only Life Fitness combines these great features in one outstanding stairclimbing machine.

STAIRCLIMBER DETAILS

- IsoTrack™ Climbing System
- Ergonomically designed handlebars for support and proper upright position
- Dual-level alphanumeric LED console
- Heart rate monitoring
- 27 workouts, including 5 Zone Training+™ workouts and Fit Test Protocol.
- 7 languages
- Integrated reading rack and accessory tray
- Self-powered; optional plug-in accessory
- iPod Compatibility
- Integrated iPod/ TV Controls
- Available with optional Attachable TV System

INTEGRITY SERIES CLASS STAIRCLIMBER

SPECIFICATIONS

HEART RATE MONITORING		
Polar® Telemetry (optional chest strap required)		●
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)		●
WORKOUTS		
Classic Workouts: Hill, Random, Manual, Quick Start		●
Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate		●
Interval Workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training,		●
Goal Workouts: Watts, METs, Calories, Distance, Time in Zone		●
Custom Workouts		6
Fitness Test Protocols: Fit Test		●
Customized Cool Down		●
DISPLAY READOUT		
Elapsed Time, Distance, Total Calories Burned, Calories Per Hour, Heart Rate Watts, METs, Speed, Workout Profile, Resistance Level, RPM		●
Language Choices		7
DISPLAY TYPE		
LED: Alphanumeric message center, workout profile and lower level time/level display		●
Numeric Keypad		●
SPECIAL FEATURES		
IsoTrack™ Climbing System		●
Integrated Reading Rack		●
Integrated Accessory Tray		●
Support Handlebars		●
Oversized Non-slip Pedals		●
Front Wheels for Easy Mobility		●
Dedicated Keypad		●
On-the-Fly Programming		●
Resistance Levels		20
Plug-in Accessory		○
Service Enhancements: Manger's Optional Settings and Service Diagnostics		●
Networking Capabilities: CSAFE-Ready, FitLinxx™ Certified		●
Attachable TV System		○
iPod® Compatibility	Video capability on attachable TV	○
	On-console playlist management	●
	Charging	●
Integrated iPod/TV controls		●
Flash Programmable		●
TECHNICAL SPECIFICATIONS		
Maximum User Weight		350 lbs (160 kg)
Power Requirements: AC power line, 115 volt, 15 amp (voltage may vary outside U.S.)		○
Self Powered**		●
Auto Start: Brings power to console when user begins pedaling		●
Length		50" (127 cm)
Width		32" (81 cm)
Height		64.5" (164 cm)
Unit Weight		165 lbs (75 kg)
Warranty†	2-year limited warranty on all mechanical and electrical components	●
	1-year labor	●
	Attachable TV System Option: 2-years electrical and mechanical parts; 90 days labor	●

* Optional features are available at an additional charge

** Optional Attachable TV requires external power source

† Warranties outside the U.S. may vary. Specifications subject to change.



WHAT WE LIVE FOR