

ASPIRE



RECUMBENT

STREAMLINED COMFORT

Comfortable and inviting experiences for exercisers at any fitness level. The Aspire Recumbent Bike employs a sleek, modern design with a functionality that is rooted in more than 20 years of innovation and reliability.



GET-ON-AND-GO ACCESSIBILITY

Step-through design and front assist handle allow for an easy entry and exit. Wide, self-leveling pedals with simple buckle straps allow exercisers to get started quickly.



COMFORTABLE RIDE

A back-rest, lumbar support and a wrap-around adjustment lever combine to help exercisers achieve maximum comfort.



GENERATOR DRIVE SYSTEM

Drive system with 8-ribbed poly-V belt resistance provides a smooth, quiet operation and requires limited maintenance.

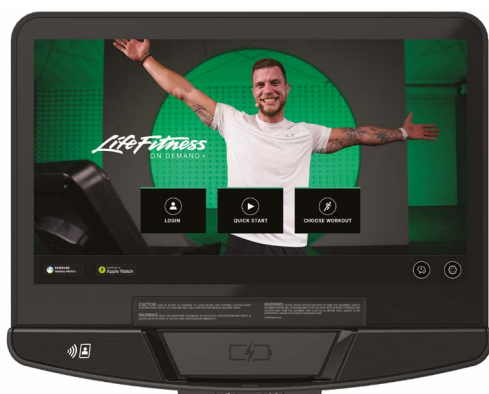
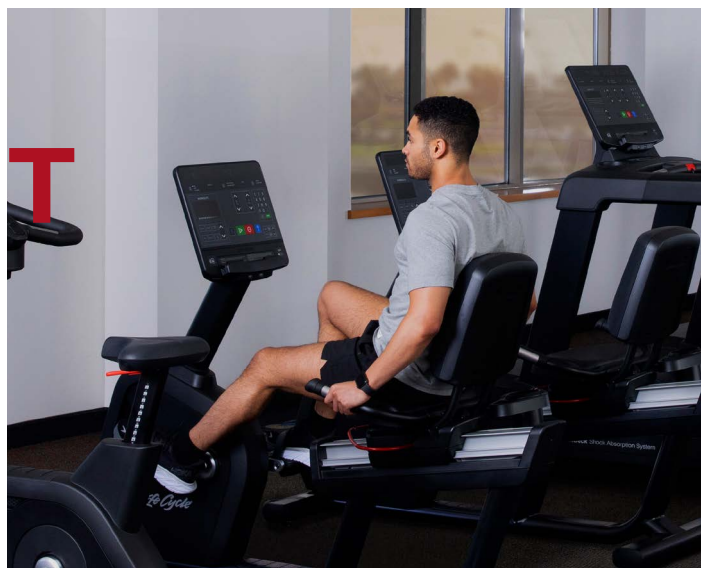


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CONSOLE OPTIONS

Choose from the immersive experience of the SE4 Console or get the get-on-and-go functionality of the SL Console.

Both are designed to engage exercisers, simplify operation, and reduce maintenance for facility teams.



SE4 CONSOLE



SL CONSOLE

PRODUCT SPECIFICATIONS

BASE FEATURES

Step-through design	•
Easy adjust pedal straps	•
Standard Wide Ride™ Pedals	•
Seat with lumbar support	•
Wrap-around seat adjustment lever	•
Fine-tuned seat adjustment positions	41
Resistance levels	0-25
Maximum resistance (Watts)	900+
Removable locking cup holders	1
Integrated accessory tray	•

FRAME

Generator Drive System	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Color options	Arctic Silver, Smooth Charcoal

TECHNICAL SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Length	67" (170 cm)
Width	26" (66 cm)
Height	51.5" (131 cm)
Unit weight	211 lbs (96 kg)

POWER REQUIREMENTS

Self-powered (SL Console only)	•
Auto Start: Brings power to console when user begins pedaling	•

120V, 20A or 230V, 10A circuit (or Japan 100V, 20A or 200V, 10A outlet) required for operation. Specific number of units per circuit can be found in the operations manual. Power requirements may vary by country.

Consult the assembly manual for details

WARRANTY*

Parts and Labor - Visit LifeFitness.com/warranties for warranty details	3 Years
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PRODUCT MODEL / SKUS

SE4 Console	ASPR-SE416 (16")
SL Console	ASPR-SL