

ELEVATION SERIES

LIFECYCLE RECUMBENT
EXERCISE BIKE

PREMIUM CARDIO EQUIPMENT THAT INSPIRES

Elevation Series is the result of superior biomechanics, thoughtful design and an innovative push toward the connected experience.



RIDE IN COMFORT

The recumbent is designed to allow exercisers to easily get on and off, and navigate around the bike. The recumbent seat offers a deluxe back support that allows exercisers to easily adjust the seat from a sitting position.



CONNECTED CONSOLES

Connected consoles ensure that facilities have the workout data they need and that exercisers have the connection they expect, without interruption.



ASSET MANAGEMENT

Connected consoles ensure that facilities have the data they need to drive engagement and prolong equipment life.



COLOR CHOICES

Choose from Arctic Silver, Titanium Storm, Black Onyx or Diamond White to find a color that best fits your facility.

FEATURED:
Elevation Series Recumbent Lifecycle
Bike with Discover SE3 Console and
Titanium Storm frame color



LIFECYCLE RECUMBENT BIKE
95R

WEIGHT:
192 lbs (87 kg)

MAX USER WEIGHT:
400 lbs (181 kg)

DIMENSIONS (L X W X H):
65 x 24 x 48 in.
(164 x 60 x 122 cm)

LifeFitness

SPECIFICATIONS

KEY | • STANDARD ○ OPTIONAL *

TECHNICAL SPECIFICATIONS	
Power Requirements† (Voltage may vary outside U.S)	AC power line 115 volt, 15 amp circuit
Size (L x W x H)	65 x 24 x 48" (164 x 60 x 122 cm)
Unit Weight	192 lbs (87 kg)
Maximum User Weight	400 lbs (181 kg)
ENTERTAINMENT	
Interactive Courses†	•
Streaming Entertainment Apps (Discover SE3 only)	•
Goal Workouts: Aerobics, Time, Distance, Calories, Heart Rate, Flat, Hill, Rolling Hills, Random, Starter Interval, Watts	•
Fitness Test Protocols: Life Fitness Fit Test, Navy PRT, FAMS	•
CONNECTIVITY	
Networking Capabilities: CSAFE-Ready	•
Internet: Via CAT6 or CAT5e (Shielded Recommended)	•
Wireless Connectivity: IEEE 802.11a/b/g/n (Standard for Discover SE3 Only)	•
Bluetooth® Connectivity	•
NFC Connectivity (Discover SE3 only)	•
RFID Connectivity	○
SERVICE	
LFconnect Asset Management	•
Open Platform with App Developer Website	•
Flash Programmable via USB Stick	•

PRODUCT FEATURES	
Heart Rate Monitoring†: Polar® Telemetry and Bluetooth®† Heartrate (optional chest strap required), Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital signal processing)	•
Console Options: Discover SE3, Discover SI, Explore	○
Attachable TV System (For Discover SI and Explore)	○
Comfort Curve Plus™ Seat and Deluxe Back Support	•
Side Handlebars with Contact Heart Rate	○
Deluxe Armrests with Contact Heart Rate	○
Wide Ride™ Pedals	•
Easy Adjust Pedal Strap	•
26 Resistance Levels	0-25
At-Your-Fingertips Resistance Controls (Located on deluxe armrests and side handlebars)	•
Two Wheels for Easy Mobility	•
Frame Color Options: Arctic Silver, Black Onyx, Diamond White, Titanium Storm	○
Headphone Jack	3.5 mm stereo
WARRANTY**	
2-year limited warranty on all mechanical and electrical components	•
1-year labor	•
Attachable TV System for Discover SI or Explore: 2-years electrical and mechanical parts; 90 days labor	•



The Elevation Series Lifecycle bike transforms the way your exercisers work out, including three console choices, several entertainment options and step-through design. It features an inviting design aesthetic and an engaging digital platform.



PREMIUM CARDIO EQUIPMENT THAT ENGAGES AND ENTERTAINS

The Elevation Series includes treadmills, cross-trainers, PowerMill climbers, FlexStrider variable-stride trainers, and Lifecycle upright and recumbent bikes.

CONSOLE OPTIONS

The Elevation Series includes three console choices:



DISCOVER SE3 CONSOLE



DISCOVER SI CONSOLE



EXPLORE CONSOLE

LifeFitness.com/ElevationSeries

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* Optional features are available at an additional charge.

** Warranties outside the U.S. may vary. Specifications subject to change.

† Discover SE3 and SI only

