

ELEVATION SERIES

FLEXSTRIDER
VARIABLE-STRIDE TRAINER

PREMIUM CARDIO EQUIPMENT THAT INSPIRES

Elevation Series is the result of superior biomechanics, thoughtful design and an innovative push toward the connected experience.



BIOMECHANICALLY CORRECT

The elliptical motion closely mimics a natural jogging stride for a smooth feeling total-body workout. Exercisers can find their perfect stride length between 0 - 36 inches and change it on the fly.



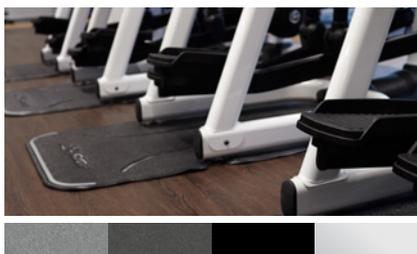
CONNECTION TO CARDIO

Three choices of consoles keep exercisers engaged and motivated. Each console has Bluetooth® compatibility, allowing users to track workouts with LFconnect or compatible Life Fitness mobile apps.



ASSET MANAGEMENT

Connected consoles ensure that facilities have the data they need to drive engagement and prolong equipment life.



COLOR CHOICES

Choose from Arctic Silver, Titanium Storm, Black Onyx or Diamond White to find a color that best fits your facility.

FEATURED:
Elevation Series FlexStrider™
variable-stride trainer with
Discover SE3 Console and
Titanium Storm frame color



**FLEXSTRIDER VARIABLE-STRIDE
TRAINER**
95F

WEIGHT:
589 lbs (267 kg)

MAX USER WEIGHT:
400 lbs (181 kg)

DIMENSIONS (L X W X H):
104 x 34 x 68"
(264 x 86 x 173 cm)

LifeFitness

SPECIFICATIONS

KEY | • STANDARD ○ OPTIONAL *

TECHNICAL SPECIFICATIONS	
Power Requirements (Voltage may vary outside U.S.)	AC power line 115 volt, 15 amp circuit
Size (L x W x H)	104 x 34 x 68" (264 x 86 x 173 cm)
Unit Weight	589 lbs (267 kg)
Step-up Height	8.6" (22 cm)
Maximum User Weight	400 lbs (181 kg)
ENTERTAINMENT	
Interactive Courses†	•
Streaming Entertainment Apps (Discover SE3 only)	•
Goal Workouts: Time, Distance, Calories, Heart Rate, Starter Interval, Flat, Hill, Rolling Hills, Random, Climb***	•
Fitness Test Protocol: Life Fitness Fit Test	•
CONNECTIVITY	
Networking Capabilities: CSAFE-Ready	•
Internet: Via CAT6 or CAT5e (Shielded Recommended)	•
Wireless Connectivity: IEEE 802.11a/b/g/n (Standard for Discover SE3 Only)	•
Bluetooth® Connectivity	•
NFC Connectivity (Discover SE3 only)	•
RFID Connectivity	○
SERVICE	
LFconnect Asset Management	•
Open Platform with App Developer Website	•
Flash Programmable via USB Stick	•

PRODUCT FEATURES	
Heart Rate Monitoring†: Polar® Telemetry and Bluetooth®† Heartrate (optional chest strap required), Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital signal processing)	•
Console Options: Discover SE3, Discover SI, Explore	○
Attachable TV System (For Discover SI and Explore)	○
Stride Length Interval	•
Variable Stride Length	0 - 36" (0 - 91.4 cm)
Oversized Non-Slip Pedals	•
26 Resistance Levels	0-25
At-Your-Fingertips Resistance Controls (Located on the moving arms)	•
Two Wheels for Easy Mobility	•
Frame Color Options: Arctic Silver, Black Onyx, Diamond White, Titanium Storm	○
Headphone Jack	3.5 mm stereo
WARRANTY**	
2-year limited warranty on all mechanical and electrical components	•
1-year labor	•
Attachable TV System for Discover SI and Explore: 2-years electrical and mechanical parts; 90 days labor	•



The Elevation Series FlexStrider variable-stride trainer transforms the way your exercisers work out, including three console choices, several entertainment options and on-the-fly stride length adjustability. It features an inviting design aesthetic and an engaging digital platform.



PREMIUM CARDIO EQUIPMENT THAT ENGAGES AND ENTERTAINS

The Elevation Series includes treadmills, cross-trainers, PowerMill climbers, FlexStrider variable-stride trainers, and Lifecycle upright and recumbent bikes.

CONSOLE OPTIONS

The Elevation Series includes three console choices:



DISCOVER SE3 CONSOLE



DISCOVER SI CONSOLE



EXPLORE CONSOLE

LifeFitness.com/ElevationSeries

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* Optional features are available at an additional charge.

** Warranties outside the U.S. may vary. Specifications subject to change.

*** Climb available only for Discover SI and Explore

† Discover SE3 and SI only

