

MULTIPLYO®

AN EXCITING TOOL TO MASTER PLYOMETRICS.

The **Multiplyo® Soft Box** is a three-in-one plyometric soft box that is weighted for **stability and performance**. A stylish design coloured to appeal to all users. It provides a space saving solution for clubs and studios to introduce beginners to plyometric training but also offers seasoned users the **challenge they need**.



WARRANTY AND BUILD.

Warranty: 1 year.



PATENT PENDING.

DIMENSIONS AND WEIGHTS.



Green:
510mm (20 inches)



Blue:
610mm (24 inches)



Red:
760mm (30 inches)

CLUB BENEFITS.

VERY SAFE – MINIMISE INJURY RISK TO MEMEBERS.

SPACE SAVING
THREE DIFFERENT HEIGHTS IN ONE BOX.

GREAT, INNOVATIVE PRODUCT
FOR CROSSFIT STYLE TRAINING.

PT BENEFITS.

PERFECT FOR CIRCUITS – MEMBERS CHOOSE HEIGHTS.

INTRODUCE CLIENTS
TO PLYOMETRIC TRAINING.

PROGRESS CLIENTS
THROUGH HEIGHTS WITH DIFFERENT EXERCISES.

USER BENEFITS.

BURNS CALORIES
WITH EXPLOSIVE MOVEMENTS.

TRAIN FAST TWITCH
MUSCLE FIBRES.

EXTREMELY SAFE –
SOFT AND WILL NOT GRAZE SHINS OR KNEES.



MADE IN EUROPE –
High quality, strong B-tech outer and cross-weave stitching will not rip or tear.



EXTRA SAFE FOR STEPS AND JUMPS – with or without dumbbells, offers a variety of workout options.



ANTI-SLIP LANDING ZONES – guarantees maximum user safety and confidence.



WEIGHTED FOR STABILITY – yet still light enough to carry around.



HIGH DENSITY FOAM – ensures stability and shape retention.

The **Multiplyo Soft Box** is a single product solution for plyometric training. It offers three different height variations, **matching the heights of the boxes** used in the CrossFit games, and is ideal for your step and jumping exercises. The Multiplyo Soft Box is fantastic for **inclusion in group circuit classes**, allowing users of different abilities to change the height quickly and easily in between stations. It is designed to be tough on your workout, but **kind** on your body; soft edges means bruised shins will be a thing of the past. Plyometric training builds power and burns fat, continuously bringing your clients back to you as they see results. This is an **exciting piece of equipment** that can be utilised in so many different ways and will **look great in your facility**.



SEE THIS PRODUCT IN ACTION ONLINE.