# **ELEVATION**

# DISCOVER™ SE TREADMILL



### **Discover SE Treadmill**

The New Elevation Series Treadmill with Discover™ SE Tablet Console is where your digital life meets your workout experience. The third generation of touch screen consoles redefines the workout experience with the most advanced technology. The 19" integrated LCD touch screen features an abundance of entertainment options, enhanced interaction, Internet connectivity and much more.

### **FEATURES**



### > 19" INTEGRATED SURFACE CAPACITIVE LCD TOUCH SCREEN WITH INTEGRATED TV

With a swipe of a finger, navigate seamlessly between crisp, clear screens to choose the entertainment and workouts you want.



### > APPLE® AND ANDROID™ COMPATIBLE

Connect, manage playlists, watch videos and power your Android and Apple device, including your iPod®, iPhone® or iPad®





## > INTERNET CONNECTIVITY

Visit a website or play a game. Easily choose your favorite websites through your LFconnect account, and they will be instantly available when you log in. Available with Ethernet or Wireless connectivity.



### > LIFESCAPE INTERACTIVE COURSES

Take high-definition hikes and runs through famous locations around the world. The integrated machine controls speed as the exerciser runs faster and matches the incline to the varying terrains.



### > LFCONNECT<sup>TM</sup> / LFCONNECT APP

Complementary solution that allows exercisers to choose equipment settings and track workout results to meet their goals, while also providing facility owners easy asset management and product customization capabilities. LFconnect is accessible via its website or app.

To create an account, go to **LFconnect.com**.



### **FACILITY FEATURES\***

### Asset Management:

Product usage statistics Software updates

### **Equipment Customization:**

Custom workouts by facility and trainer Attract screen, logo and message customization

### **Entertainment Customization:**

Internet presets

TV channel editing

### **EXERCISER FEATURES\***

### Product Personalization:

Display and workout settings Internet favorites

### Workout Creation:

Workout calendar Workout customization Workout Library

### Workout Tracking:

Track and share progress

### Social Interaction:

Create workouts and track progress with peers and personal trainers

All features are Apple and Android compatible.







# **DISCOVER™ SE** TREADMILL

At Life Fitness, we stand at the forefront of innovation by continually elevating the user experience. The Elevation Series treadmill will set your facility apart with its sophisticated design and provide users with a full set of features to keep them motivated. From the DX3<sup>TM</sup> Belt and Deck System to the Activity Zone that places the most-used controls at the user's fingertips, the treadmill is designed to deliver the ultimate cardio experience.

# ntinually will set your with a full set d Deck System he user's rdio experience.

### PERFORMANCE FEATURES

### > ADVANCED CONSOLE TECHNOLOGY

Engage the senses with Internet connectivity, product personalization through LFconnect, Lifescape Interactive Courses, video-watching capabilities and iPod®, iPhone®, iPad® and Android® Smartphone integration.

### > DX3™ BELT AND DECK SYSTEM

Ground-breaking system combines a lubricant-infused belt, Advanced Belt Tracking System (ABTS™) and our FlexDeck Shock Absorption System for comfort and durability.

### > HEART RATE MONITORING

Lifepulse<sup>TM</sup> digital heart-rate monitoring hand sensors are conveniently placed on the easy-to-grip Ergo<sup>TM</sup> bar to provide walkers with precise heart-rate monitoring. Polar<sup>®</sup> telemetry\* provides runners with accurate, hands-free heart-rate monitoring, too.

### > USER-FRIENDLY DESIGN

An intuitive Activity Zone makes startup simple, and two removable cup holders and integrated Smartphone accessory tray provide convenience.

### > MOTIVATING WORKOUT VARIETY

Heart Rate+ $^{\text{TM}}$  Workouts automatically adjust the incline level to keep users in their target heart-rate zone. Other workouts include 5K and 10K Run, goal-based workouts and Fit Test.

# Greener with EVERY MOVE

Certain components of our cardio equipment are no longer painted during the manufacturing process, which reduces our carbon footprint. This initiative also lowers the amount of Volatile Organic Compounds (VOCs) released into the air as pollutants.



### FLEXDECK™ SHOCK ABSORPTION SYSTEM

Reduces knee and joint stress up to 30% more than non-cushioned surfaces, decreasing the chance for injury. Eight incredibly durable Lifespring<sup>TM</sup> shock absorbers deliver smooth cushioning throughout the deck, regardless of user weight or running stride.



### TREADMILL DETAILS

DX3™ Belt and Deck System

FlexDeck Shock Absorption System

Activity Zone conveniently places most-often used controls on the  $\mathsf{Ergo}^\mathsf{Tm}$  bar

Powerful 4-HP AC Continuous Duty (8-HP Peak Duty) motor

Large 22" x 60" (55 cm x 152 cm) running surface

Low 10" (25 cm) step-up height

Small 37" x 80" (94 cm x 203 cm) footprint

Large 26" x 5" (66 cm x 13 cm) handrails with soft grips

Patented Lifepulse<sup>™</sup> digital heart rate monitoring





<sup>\*</sup> Requires optional chest strap.



### **SPECIFICATIONS**

HEART RATE MONITORIN	COPTIONS	
Polar® Telemetry (option		
		•
	t Rate Monitoring with DSP (Digital Signal Processing)	•
WORKOUTS		
Quick Start, Customized		•
Classic Workouts	Manual Goals, Random, Hill, Rolling Hills	•
Healthy Heart	Moderate Burn, Vigorous Burn	•
	Fixed Time Interval, Variable Time Interval	•
Performance	2-Speed Interval, Starter Interval, 5K, 10K	•
Evaluate	Fit Test, U.S. Army PFT, U.S. Navy PRT, U.S. Marines PRT, U.S. Air Force PRT, WFI Submax Protocol, Physical Efficiency Battery (PEB), British Army PRT	•
Goal Workouts	Time, Distance, Calories, Distance Climbed, Time in Zone, Pace	•
PRODUCT FEATURES		
DX3™ Belt and Deck Sy:	stem	•
	otion System: 8 Lifespring™ shock absorbers	•
Speed Range: 0.5-14 mp	, ,	•
	on crowned steel rollers, front and back	•
Elevation		0% – 15%
Motor System	4.0 HP AC Continuous Duty (8-HP Peak Duty) motor with MagnaDrive™ motor controller	•
Ergo™ Bar		•
Side Handrails	26" x 5" (6	6 cm x 13 cm) flare
Activity Zone: Most ofter	n used buttons located on Ergo bar	•
Stride Sensor		•
Integrated Reading Rack	r, Integrated Smartphone Accessory Tray	•
2 Removable Cup Holder	S	•
· · · · · · · · · · · · · · · · · · ·	nt Roller Lift Wheels and Rear Levelers	•
	CSAFE-Ready, FitLinxx™ Certified	•
SERVICE ENHANCEMENT	*	
Manager's Menu Options		
Flash Programmable via		
Proactive Belt Wear Noti		•
		•
TECHNICAL SPECIFICATIO	CNIU	400 lb (2021)
Maximum User Weight	D. Frank 170 miles (20 miles 114 lb	400 lbs (181 kg)
Power Requirements:	Dedicated 120 volts / 20 amp circuit (voltage may vary outside U.S.)	•
Internet	Via CAT6 or CAT5e (Shielded Recommended)	•
	Wireless Connectivity: IEEE 802.11a/b/g/n*	0
Running Surface	22" x 6	0" (55 cm x 152 cm
Length		80" (203 cm)
width		37" (94 cm)
Height		62.25" (158 cm
Unit Weight		444 lbs (201 kg
Warranty <sup>†</sup>	7-year limited warranty on Lifespring shock absorbers; 2-year on all electrical components; 1-year limited warranty on all mechanical components and labor	•
	7-year limited warranty on motor and frame	•

- \* Optional features are available at an additional charge.
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   \*\* LFconnect on-console features are compatible with the Elevation Series Discover SE and SI when connected to the Internet Internet connectivity is recommended for optimal facility owner and exerciser experience.
   † Features not available in all regions. Check with your sales rep for availability and details. Warranties outside the U.S. may vary. Specifications subject to change.
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# **ELEVATION DISCOVER**

### **DISPLAY TECHNOLOGY**

	ONS	
19" Integrated Surface	Capacitive LCD Touch Screen	•
Swipe™ Technology		•
Screen Protection	Protective top layer, internal shock mounts, gasket	•
TV VIEWING OPTIONS		
Integrated TV	Analog and Digital NTSC/ATSC/QAM, PAL/SECAM/ DVB-T2, NTSC/ISDB-T with BCAS	•
	IPTV*	0
English/Metric Selection	mph/kph/rpm or lbs/kg	•
DISPLAY READOUT		
Profile Display		•
Lanuage Choices	English, English UK, Spanish, Portuguese, Italian, French, German, Dutch, Turkish, Simplified Chinese, Japanese, Korean, Russian, Arabic, Polish, Catalan, Finnish, Hungarian, Euskara	19
SPECIAL FEATURES		
iPod®, iPhone®,	Video capability on LCD Touch Screen	•
iPad® and Android® Smartphone	Playlist management on LCD Touch Screen	•
Compatibility	Charging	•
	iPad® Holder	•
Internet	Via CAT6 or CAT5e (shielded recommended)	•
	Wireless Connectivity: IEEE802.11a/b/g/n*	0
On-Demand Content (Music Videos, TV shows)	Available with purchase of Lifescape Gatewayt	0
Lifescape Interactive Courses	Video speed and level/incline controlled	•
Bluetooth	Compatible with Bluetooth devices	•
Workout Landscape™ Views	400M Track, 5K Nature Trail, Mountain, Zoom	•
Programmable Go Sys	tem™: Walk-Jog-Run	•
Promo Channel	Default channel to display facility specific content	•
Secure Channel	Monitor child day care center with password protection	•
Solitaire	Play Solitaire on the LCD Touch Screen	•
Secondary Audio Programs (SAP)	SAP TV broadcast required	•
Previous Channel		•
Closed Captioning		•
Life Fitness Reader	Read ePub files on the LCD Touch Screen	•
Mute Feature		•
Manager Defined Marathon Mode	(unlimited workout time)	•
Facility Customization through LFconnect.com**	Attract screen background image and logo, and scrolling message; custom Internet settings and TV channels; custom workouts	•
End-user Personalization through LFconnect. com and LFopen**	Personalized content, workouts creation and tracking, entertainment	•
Asset Management through LFconnect.com	Software Updates and Statistics	•
TECHNICAL SPECIFICAT	IONS	
Headphone Jack	3.5 mm Stereo	•
Easy-to-Remove Head	phone Jack	•

